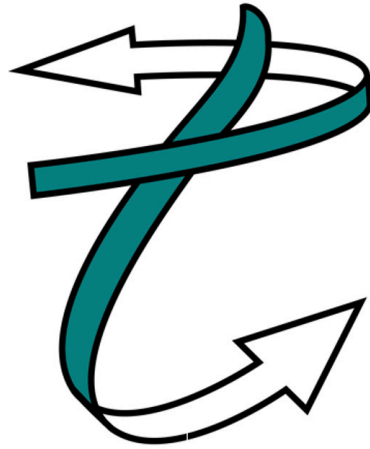


THE GRACED LIFE PLANNER

HELPING PEOPLE REALIZE GOD'S GRACIOUS PLANS FOR THEIR LIVES.

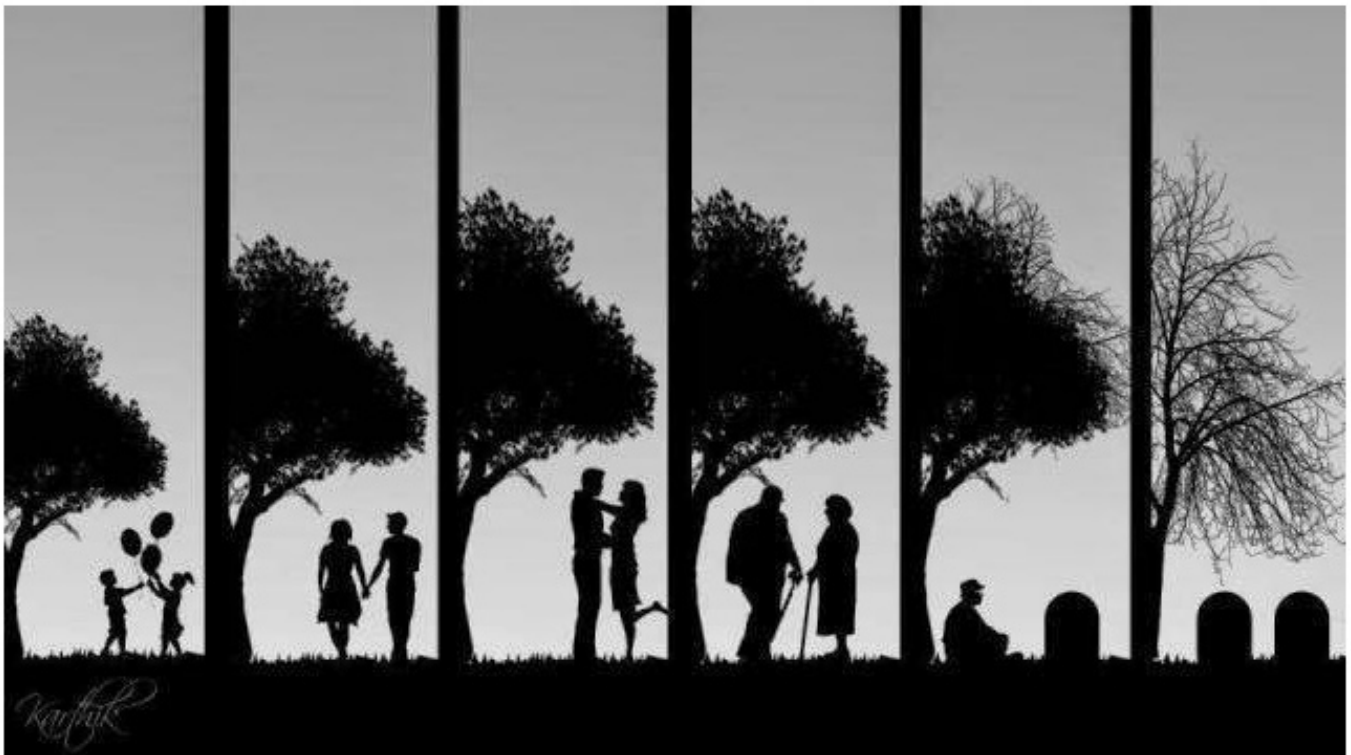
CREATED BY REV. BRUCE R. KUIPER



Wise Tools & Procedures for Stewarding
all of God's Gracious Gifts

ECCLESIASTES 8:5A & 6B

...the wise heart will know the proper time and procedure.
For there is a proper time and procedure for every matter



The Grace Life Pacer Outline

Ecclesiastes 3:11

1. God has made everything beautiful in its time.
2. He has also set eternity in the hearts of men;
3. Yet they cannot fathom what God has done from beginning to end.

TIME & ETERNITY

It is precisely because of the eternity outside time that everything in time becomes valuable and important and meaningful. Therefore, Christianity . . . makes it of urgent importance that everything we do here (whether individually or as a society) should be rightly related to what we eternally are. "Eternally life" is the sole sanction for the values of this life. --Dorothy Sayers in *Dorothy Sayers: Her Life & Soul*

God is the Inventor and Master of time. The Lord has much to say about being wise and prudent concerning our stewardship of time. In this newsletter I have put together some outstanding wisdom from the wisest and most respected Stewards of Time Management. I begin with the first few but have also put together more wisdom in a booklet that you may obtain from the office.

God is the Designer & Master of time. The Lord has much to say about being wise and prudent concerning our stewardship of time. Each month, I have put together some outstanding wisdom from the wisest and most respected stewards of time stewardship.

1. **Month One:**

Introduction Part 1: The Grace Matrix...Principles, Promises, and Procedures of organizing your life based upon grace, shaped by grace, and paced by grace. All these are centered around the person of Jesus Christ and run in concert throughout the "Jedidiah Journal" and the "Grace Life Pacer".

Introduction Part 2: Grace Upon Grace

- Goals (Dreams)
- Resolutions
- Accountability
- Coaches (Mentors)
- Evaluation (Rewards)

2. **Month Two:** The Case for Grace

3. **Month Three:** Dreams of Divine Desires & Just Think, An Affirmation of Providence

4. **Month Four:** Adolphe Monod was a Reformed Pastor from France a few centuries ago. He was stricken with a fatal disease in mid-life, and these reflections come from summaries of sermons he preached on his death-bed.

5. **Month Five:** Jesus and the Bible on Time Stewardship – Outlines From Rev. Truman Dollar

6. **Month Six:** It's Whose You are that Counts First by Rev. Bruce R. Kuiper & The \$25,000 Idea

7. **Month Seven:** CHARLES E. HUMMEL and A PARAPHRASE OF TYRANNY OF THE URGENT. Hummel wrote this Christian view of time and his book has had a lasting impact upon many.

8. **Month Eight:** Peter F. Drucker has been the guru for Business Management, these summaries are from his book *The Effective Executive*, a classic in the field. These are followed by Time Management tips by Mark McCormick, then *How to Avoid Post Adeline Depression* and more Wisdom from by Archibald Heart on "Beating Burnout"

9. **Month Nine:** Gordon McDonald – Driven verses being Called

10. **Month Ten:** Today I Begin with Grace In My heart & A Crumpled Photo

11. **Month Eleven:** Ordering Your Private World, That's the Way Life Goes, & Between Pitches

12. **Month Twelve:** Whose am I? God's Grace through my life: His Grace – My Gratitude

13. **Extras:** Wooden, Lombardi, and

In His Grace & My Gratitude,
Rev. Bruce R. Kuiper

Month One: Introduction Part 1

THE GRACE MATRIX!

Our lives are to be a testimony of gratitude for the grace we have received. The Grace Life Pacer Day Planner/Journal is a powerful tool to equip, empower and encourage you to use the time God has given you wisely. Our Calling is to use, manage and take advantage of every opportunity for our greatest pleasure and His greatest Glory. This is what it means to be a steward: we are His caretakers of our Divine endowments and appointments. Each day is a gift to be used to it's fullest by following this outline every-day within the promises, principles and procedures you learn here.

God Centered – Ecclesiastes 11:9

The Life Pacer is God centered. God is not only the starting point, He is the beginning and end of all our activities and relationships.

Relationship Orientated – Ecclesiastes 9:7-10a

Life is wasted if we are not in abundant relationships with God and His people. The Grace Life Pacer equips you to prioritize relationships by being intentional with your family, friends and those to whom you are witnessing.

Attitude Adjusting - Hebrews 4:12 & Philippians 2:5

Attitude is extremely important. The Holy Spirit gives us the power to have the same attitude of Christ. The Grace Life Pacer equips your heart to take every thought captive to Christ and to put on the full armor of God as we display the fruit of the Spirit.

Calling Clarifying – Ecclesiastes 2:21

The Grace Life Pacer and the Jedidiah Journal give your career balance, focus, and perspective. You are given the tools and principles to plan, prioritize, record and reflect on each task so that you can give an account to the One who truly counts.

Energizers Encouraged – Ecclesiastes 9:7-10a & Psalm 127. We are also stewards of our:

- Bodies
- Emotions
- Diet
- Sleep

Activities that energize and refresh us need to be planned and put into their proper place within the fabric of our lives.

The Life Pacer is a tool to examine our lives so that we may give account to the one who counts.

GRACE GOALS

When we begin the day's tasks, we see goals as:
God's Objectives Activated by Love

When the day is done, we see goals as:
Godly Obedience Accomplished in Love

When we understand this formula, James 4:13-17 is set in perspective and we receive the grace of

- Proverbs 3:34
- James 4:6
- 1 Peter 5:5

"God opposes the proud and gives grace to the humble."

What are your goals for this year? This is the guide to help you in setting personal GRACE GOALS.

Simply follow these steps.

1. Write your yearly goals, then use the monthly goals chart to break them down into smaller and more manageable pieces. (How do you eat an elephant? One bite at a time.)

2. Follow my example below.

3. Pray James 4:13-17 (Deo-Volente or God willing) and remember Proverbs 16:9, "The mind of man makes his plans, but the Lord directs his steps."

Goals

What do you feel God wants you to accomplish?
(ie: Read Proverbs through ten times a year.)

Resolutions

What will you do to accomplish this goal?
(ie: I will read every afternoon before lunch one chapter for each day of the month.)

Accountability

Who will hold you accountable?
(ie: My wife will ask me to recite what I learned that day during our devotions together.)

Coach(es)

Who will encourage you?
(ie: My friend, Rev. Mike Pitsenberger, who has memorized whole books of the Bible in the original languages would be a wise choice for me.)

Evaluation

How will you know if you have been successful?
(ie: I am successful if I can summarize each chapter by the end of the year.)

Grace Paced Living

Going through the Grace Matrix is one of the most insightful way to keep your relationships and life in order. Ask yourself "how full is our class in these areas?" Examine how you did in these areas. Fill it in and then ask yourself or a friend what can be done to help.

☐ **God**

- Personal Devotions and Memorization
- Worship
- Discipleship
- Other _____

☐ **Relationships**

- Spouse
- Time with Kids
- Honoring Parents
- Friends, Relatives & Co Workers
- Others _____

☐ **Attitude**

- Cultivating the Fruit of the Spirit – Love, joy, peace, patience, kindness, goodness, gentleness, faithfulness & self-control
- Cultivating Spiritual Disciplines and Character
- Cultivating the Full Armor of God with Grace and Character

☐ **Callings**

- Career
- Church
- Community

☐ **Energizers**

- Exercising stewardship of your Body, Emotions, Diet & Sleep
- Enjoying a hobby
- Enjoying your "down time"

God – Ecclesiastes 12:13-14

Now all has been heard; here is the conclusion of the matter: Fear God and keep His commandments, for this is the whole [duty] of man. 14 For God will bring every deed into judgment, including every hidden thing, whether it is good or evil.

- Scripture Reading & Prayer - Psalm 1 - A devotional life is the foundation of life.
- Scripture Memorization - Psalm 119:15 - Thy word I have hid in my heart...
- Journaling – 2 Corinthian 10:5 - Take every thought captive to Christ.

Relationships - Ecclesiastes 9:7-9

Go, eat your food with gladness, and drink your wine with a joyful heart, for it is now that God favors what you do. 8 Always be clothed in white, and always anoint your head with oil. 9 Enjoy life with your wife, whom you love.

- Spouse – Proverbs 5:15-21 – Be captivated by your wife for life and wives be wise toward your husband.
- Children - Psalm 127: 3-4 – Children are a blessing, enjoy and train them.
- Parents – Deuteronomy 5:16 – Honor your parents your whole life.
- Friends - Ecclesiastes 4:7-12 - Don't isolate yourself; enjoy life with your friends.

Attitude – Philippians 2:5

Your attitude should be the same as that of Christ Jesus.

- Fruit of the Spirit – Galatians 5:22-23 – Love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control.
- Attributes of the Sermon on the Mount - Matthew 5 & 6 - Humility, Grace & Compassion
- Character with the Full Amour of God – Ephesians 6:10-20-Do it with character and grace.

Callings - Ecclesiastes 5:18-20

Then I realized that it is good and proper for a man to eat and drink, and to find satisfaction in his toilsome labor under the sun during the few days of life God has given him—for this is his lot. Moreover, when God gives any man wealth and possessions, and enables him to enjoy them, to accept his lot and be happy in his work—this is a gift of God. He seldom reflects on the days of his life, because God keeps him occupied with gladness of heart.

- Discover – 1 Peter 4:10 – Use whatever gifts you have been given as God's steward.
- Develop – Ecclesiastes 2:21 – Do your job with wisdom, knowledge and skill.
- Deploy - Matthew 25:14-46 – Invest the talents God has given you to bless those who need it.

Energizers – Ecclesiastes 11:9

Be happy, young man, while you are young, and let your heart give you joy in the days of your youth. Follow the ways of your heart and whatever your eyes see, but know that for all these things God will bring you to judgment.

- Body – I Corinthians 6:18-20 – Our bodies are the temple of the Holy Spirit; use them with care.
- Emotions – Philippians 4:4 – We can control our emotions so rejoice.
- Diet – Ecclesiastes 9:7 – Enjoy your meals and know what and who you eat with.
- Sleep – Psalm 127:1-2 - God grants sleep to those He loves and are filled with His grace.

[illegible]

Clarify, Verify, & Solidify

Habakkuk 2:2-3 (GW)

"Write the vision. Make it clear on tablets so that anyone can read it quickly.

3 The vision will still happen at the appointed time. It hurries toward its goal. It won't be a lie. If it's delayed, wait for it. It will certainly happen. It won't be late.

The Grace Life Pacer is a simple instrument to encourage and equip you with tools and techniques so that you can:

Clarify key beliefs through writing, and keeping a daily task lists and journaling.

He who every morning plans the transactions of the day and follows out that plan carries a thread that will guide him through the labyrinth of the most busy life...

...But where no plan is laid, where the disposal of time is surrendered merely to the chance of incident, chaos will soon reign. -- Victor Hugo

"Reduce your plan to writing. The moment you complete this, you will have definitely given concrete form to the intangible desire." -- Napoleon Hill

"Plato says that the unexamined life is not worth living. But what if the examined life turns out to be a clunker as well?" -- Kurt Vonnegut

Verify your key ideas with Bible verses and examine if your daily activities are in sink with your core values and your dreams of divine desirer.

Dreams of Divine Desire are rooted in the Bible and their roots have chapter and verse

– that's how deep conviction grows mighty trees that bear fruit.

A dream is a wish until it is written then it becomes a goal

– these are the goals that pay life's tolls through the rough roads of providence.

Solidify your thoughts, words, deeds, emotions and motives by being able to summarize these core beliefs, values and life mission into short succinct sentences and statements. Then give written, tangible and examined evidence that they are accomplishing your God ordained roles and goals with....

Prudence, Diligence, & Grace

If your failing to plan your planning to fail.

Plan the work and work the plan.

"Thorough examination will do the healthy no harm, and it may bless the sick." - Charles H. Spurgeon

Thoughts become untangled before they hit thy lips when they first travel over the fingertips.

How to use the Grace Life Planner

Here are five benefits the Grace Life Planner blesses you with.

1. The Grace Life Planner gives you a system so that you can:
 - Live your life to the fullest within your unique design and passions
 - Maintain a Biblical balance within Godly priorities
2. The Grace Life Planner eliminates guilt by letting you know upfront that you can't do it all; but The Grace Life Planner helps you to focus your life so that you can do all that you're called to do.
3. The Grace Life Planner gives you a tool to chart a course so that your day has clear direction and laser focus.
4. The Grace Life Planner gives you a way to evaluate your life each day by God's eternal standards.
5. The Grace Life Planner encourages and equips you with God's grace so that God receives the glory, you receive the Joy, and everyone is blessed.

Five Keys to Effectively Utilize the Grace Life Planner

1. Choose a place to display your Life Planner so that you can use it everyday at the same time and place.
2. Tear off each day the night before, and let those words guide you into the next day.
3. Plan each day according to the outline by:
 - Writing out your tasks for each category and then prioritizing them.
 - Plugging the objective or task into the time slot you plan to do them.
4. At night or in the morning when you evaluate each previous day, check off the appropriate tasks which were completed.
5. Thank God for His grace and pray for wisdom throughout the day so that your life would glorify Him, bless others and give you joy.

Five Reasons to Use the Grace Life Planner

1. He who plans His day with the most prudence has the best chance to be the steward who hears "Well Done Good and Faithful Servant."
Proverbs 16:9 In his heart a man plans his course, but the LORD determines his steps.
 - Victor Hugo once said, "He who every morning plans the day's transactions and follows out that plan carries the thread that will guide him through the maze of the busiest life. But where no plan is laid, where the disposal of time is surrendered merely to chance, chaos will soon reign."
 - Failure is when we fail to determine the goals and objectives of the organization, of the department, of the division, of ourselves. So the manager, person, couple, or church that fails to plan, fails to set his goals and objectives, fails to develop the strategy to achieve them, simply will not be as effective as he could in stewarding God's graces.
 - Planning is the rational determination of where you want to go and how you want to get there.
2. We will all face Christ as Judge at The Bema. (See 1 Corinthians 3:11-15 and 2 Corinthians 5:10 as well as other verses like Romans 14:10)
 - Jesus will judge our thoughts, words, deeds, emotions and motives. By taking in the wisdom of people like George Whitfield and Jonathan Edwards we can give an accounting and correct these things before it is too late.
3. The Grace Life Planner is a Tool to help you Leave a Legacy.
 - "What do you want to be remembered for? I'm always asking that question. It is a question that induces you to renew yourself, because it pushes you to see yourself as a different person — the person you can become. If you are fortunate, someone with moral authority will ask you that question early enough in your life so that you will continue to ask it as you go through life." Peter F. Drucker
4. The Grace Life Planner is a Tool that helps you keep a record of your Past so You know where you've been and helps you chart a wiser course for the Future.
 - Those who do not learn from History are those most prone to repeat the mistakes and tragedies of History.
5. The Grace Life Planner is a Tool that helps you keep your life in order so that you don't waste time trying to find various details while it gives you the bullet points to write in the Jedidiah Journal your most intimate thoughts and greatest ide



Each day The Grace Life Pacer gives you a template, a blueprint, to plan your day following the outline below. The verses and ideas are represented with the following symbols as you review and keep you tasks and ideas following by using this system. You can go back to this reference as you begin. After a while these symbols will just become a part of your routine and mindset.

Task Completer – Acts 14:26
Task to do Later – Psalm 127:2
New Direction – Acts 16:7
Task Deleted – Romans 12:4
Task in Progress – Philippians 3:12

God

Relationships

Attitude

Callings

Energizers

Task Completed - Acts 14:26

From Attalia they sailed back to Antioch, where they had been committed to the grace of God for the work they had now completed.

Task to do Later - Psalm 127:2

In vain you rise early and stay up late, toiling for food to eat – for He grants sleep to those He loves.

New Direction - Acts 16:7

When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to.

Task Delegated - Romans 12:4

Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others.

Task In Progress - Philippians 3:12

Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me.

I recommend a 4-color pen:

- Blue for Planning
- Green for money
- Red for checking off and review
- Black for Journaling

All Bible Quotes are NIV unless otherwise marked – BRK are paraphrased – I also capitalize pronouns when any translation refers to the trinity.

Remember to be like the Bereans in Acts 17:11 "Now the Bereans were of more noble character than the Thessalonians, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true. Paul said in 1 Thessalonians 5:21 to "Test everything. Hold on to the good."

The Blazing Center

Our World and Life View is the telescope through which we see the world. It is the way we filter and form knowledge, so we must be careful what we let take root in our minds. The old saying is perceptive;

“Sow a thought, reap an act. Sow an act, reap a habit. Sow a habit, reap a character. Sow a character, reap an eternity. “

With our World and Life View intact, we then create our own galaxy in which to live. We do this by aligning and sizing each planet within our own solar system. These planets are the things we value – our “core values”. What we place in the center will affect as well as infect the rest of our universe. Each day we are called to make a decision that the God of the Bible will be the blazing center of our solar system, the center around which the rest of the planets will find their best orbit. Let's see how we are able to keep our lives in the right trajectory by taking command of the mission control of our attitude, affections and actions.

Attitude

We are called in Philippians 2:5 to have the same attitude as Jesus Christ. Our attitude creates the gravitational orbit of our planets and keeps them in their safest and most productive flight path. The gravitational influence of our attitude determines who and what will be drawn to us or repelled by us. Let's grow in being gracious, and let's glow with an attitude of gratitude.

Affections

We are then encouraged and told in 2 Corinthians 10:5 to take every thought captive to Christ. Those things that we dwell upon and hold dear are our affections. What we treasure captures our time and attention. We become what we think about most passionately. When it comes to our minds, emotions, and will, we are “mission control”. These affections create the atmospheric conditions that make our planets hospitable or poisonous to inhabit. Let's learn to make our hearts a place of grace and wisdom.

Actions

The activities we do and the places we go either form or deform our hearts. “Where your treasure is there will your heart be.” Jesus gives us great insight into human behavior in Matthew 6:21. Christians know that we can, through the power of the Holy Spirit, control our thoughts, words, deeds, emotions and motives. (Philippians 4:4-8) We must intentionally decide every day to glorify God by being involved in activities that build up and bless both us and others. This light of God's glory will keep our planets warm, fertile and fun. Let's decide to be diligent and prudent in where we go and what we do.

“THE BLAZING CENTER”

**“The soul satisfying supremacy of God in all things.”
Colossians 1:18-20**

And He is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. 19 For God was pleased to have all his fullness dwell in him, 20 and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.

"Who is God?" is the most important question any person or group of people can answer. What comes into our minds when we think about God is the most important thing about us says A.W. Tozer in *The Knowledge of the Holy*.

Why this is important is graphically illustrated by this story. The great sea captain, John Cook, was temporarily delayed while circumnavigating the globe on an island. The natives treated him and his crew with warm and kind hospitality. As the weather became favorable for their journey to continue, Captain Cook and his crew regrettably had to leave and set out to sea. With warm wishes from their new friends, they said goodbye. After a few days at sea the weather turned on them. They needed to reach land and safety. Naturally, they went back to their friends-the natives. But, instead of the warm greeting they received a few days earlier, they were brutally attacked and Captain Cook himself would die from the injuries.

When the natives were later asked why the sudden change in attitude and behavior the answer was simple—"the moon had changed and so had our god. The first was a god of kindness, the other a god of war."

So, it is with you and I—our view of God determines our attitude, affections & actions. I like how George Mueller put it. "I saw more clearly than ever that the first and primary business to which I ought to attend everyday was, to have my soul happy in the Lord. The first thing to be concerned about was not, how much I might serve the Lord, or how I might glorify the Lord; but how I might get my soul into a happy state, and how my inner man may be nourished. . . I say that the most important thing I had to do was give myself to the reading of the Word of God and to mediate on it. George Mueller of Bristol, 1805-1898 – Famous for establishing orphanages in England.

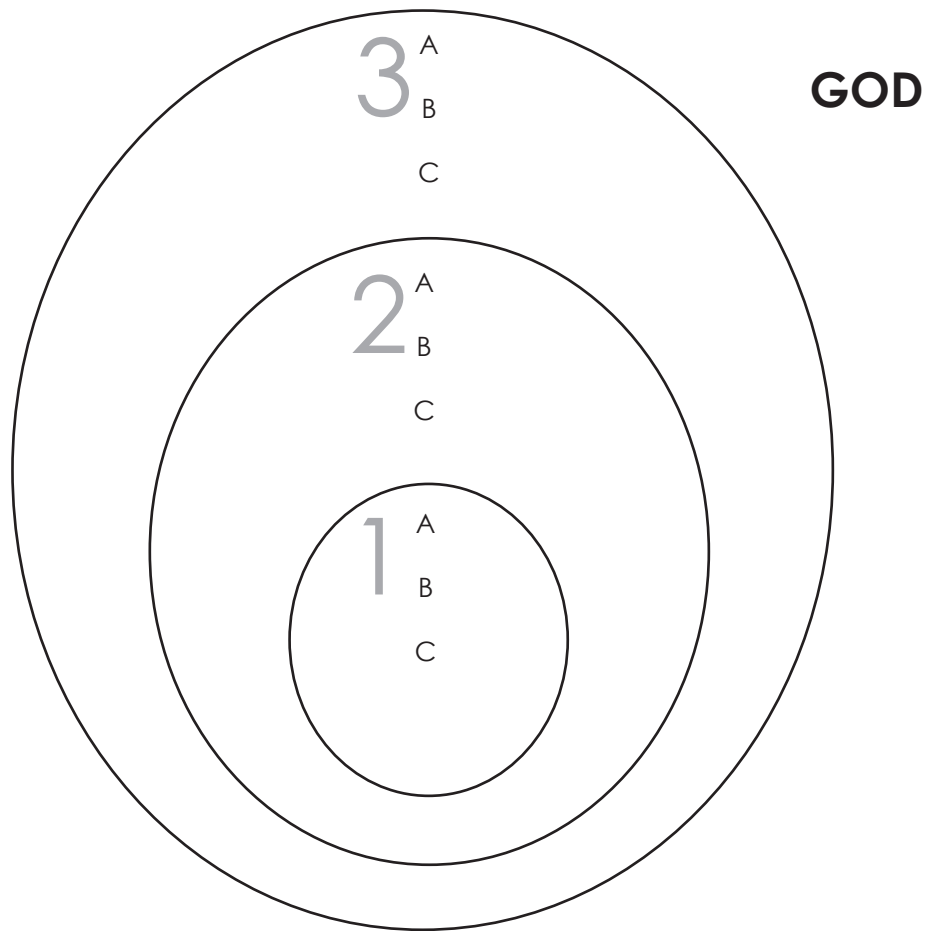
So above all else guard your thoughts, words, deeds, emotions and motives for they are the well spring of your life and eternity. Take responsibility because only you will be asked to answer for your life in the end.

Yes, God is Sovereign and we are accountable – these may be paradoxes to the human mind but the Bible holds these two truths out for us. Like one rope yet, appearing to be two ropes, hanging in front of us and held there by one pulley above us. If you grasp a hold of one or the other you'll fall out of the barn to your demise, but if you take hold of both you will be able to hang or climb but you will not fall. This rope will either help us lasso the moons in our solar system or be the rope that will tie us up or even hang us.

Hebrews 1:3

The Son is the radiance of God's glory and the exact representation of His being, sustaining all things by his powerful word. After He had provided purification for sins, He sat down at the right hand of the Majesty in Heaven.

THE G.R.A.C.E. CIRCLES OF VALUES & PRIORITIES



Go through this exercise and work out what is truly important. Too many times we expend too much energy feeling guilty about our devotional life. While sometimes we expend too much energy in wrong things and not enough in the right areas. This exercise will help you focus on what you value and then proceed to prioritize them as you accomplish what's most important.

Fill in Each Circle:

In Circle #1, write the most important things about your time with God. These are your top priorities and corresponding goals each day. These are the responsibilities that are essential to your relationship with Him.

Example:

I believe daily it is important to read one chapter of the Bible and pray - to take our thoughts, words, deeds, emotions and motives to God everyday. I feel it is important to give God my problems and thank Him for His salvation and to acknowledge the many blessings of being known by Him and the joy of knowing Him. I need to daily die to myself and rise in Christ by surrendering my time, talent, treasure, tongue and temple to Him.

Therefore, in circle #1, I would write:

- A. Daily devotions – read one chapter of the Bible.
- B. Pray with my wife daily.
- C. Have family devotions five nights a week.

In Circle #2, write what your goals are for your relationship with God, like keeping a journal and writing your prayer requests. These are the things you consider important for you to grow in grace and knowledge of Him. But you realize some days you are not going to be able to do this.

Example:

- Read and reread a Proverb a day
- Memorize a psalm or verse a week
- Write in my Journal
- Read a Christian classic

These are not your essentials but very good spiritual disciplines.

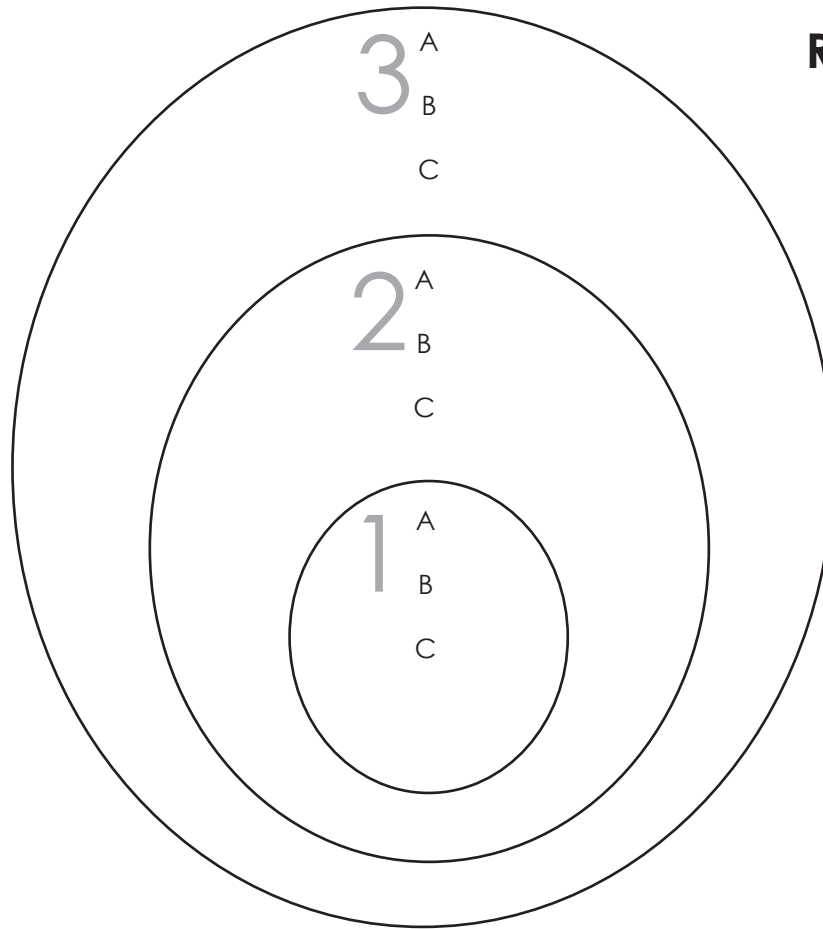
In Circle #3, write those things that you do which you practice.

Example:

- Worship attendance
- Discipleship involvement
- Fellowship commitments
- Mission support
- Evangelism strategy

THE G.R.A.C.E. CIRCLES OF VALUES & PRIORITIES

RELATIONSHIPS



Fill in each circle:

In Circle #1, write the most important relationship in your life. If you're married, your spouse is your most important relationship outside your relationship with God. The Bible clearly states that a man and woman become one flesh in marriage. This is a profound mystery. (Genesis 1:26, Ephesians 5:22).

Circle #1 is marriage. Write an A, B, C inside the circle and write the essential activities that you and your spouse participate in together each day.

Example:

- A. Devotions and prayer.
- B. One meal to be eaten together.
- C. Enjoy an activity together.

In Circle #2, write your essential family relatives. Your children are your first priority. We are not to exasperate them, but to build a loving relationship with them and teach them about life's privileges and responsibilities.

Example:

- A. Have a family meal together each night, followed by devotions.
- B. Attend church activities together throughout the week.
- C. Attend their recreational activities and teach them how to get along in the material world as a Christian steward.

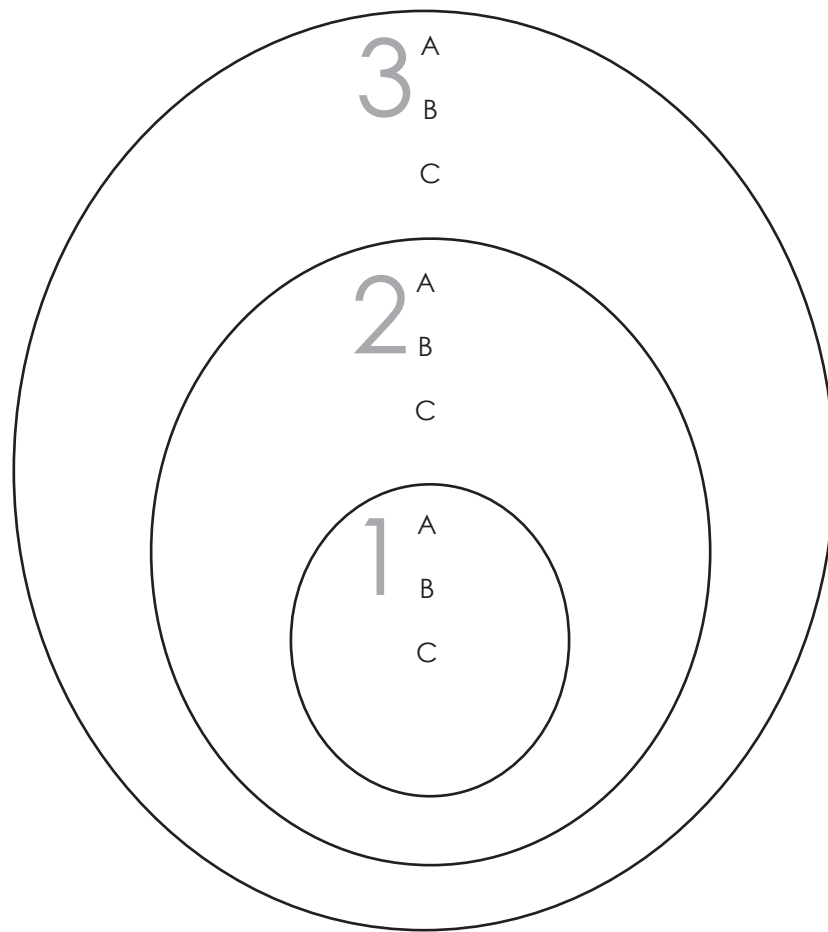
In Circle #3, we are called to honor our parents. To speak harshly of them or speak unkindly to them is unacceptable in the Christian world. We also have brothers and sisters that we need to be concerned about and support them in their life endeavors. Then the Lord has given us friends, both in the church and outside our church, who we get to enjoy and encourage.

Example:

- A. Spend time with our parents with an "Attitude of Gratitude."
- B. Call one of your siblings.
- C. Have an accountability partner, be in a small group, and/or hang out with friends.

THE G.R.A.C.E. CIRCLES OF VALUES & PRIORITIES

ATTITUDE



Fill in each circle:

Write out the desired attitude that you want to display throughout your life. Philippians 2:5 calls us to "have the same attitude as that which was in Christ Jesus." It is an attitude of surrendering His rights and privileges in order to accomplish His greater purpose. He surrendered Himself to God's Will and our service which began with having a humble attitude.

In Circle #1, write your spiritual attitude of humility following the prayer of St. Francis of Assisi.

Example: "Lord where there is strife, let me . . .

In Circle #2, write out your strongest attribute when it comes to your attitude. Make sure that this strength does not become a weakness.

Example: Teddy Roosevelt said, "Optimism is a good characteristic, but if carried to an excess, it becomes foolishness." Learn how to use your strength and not use it to abuse others.

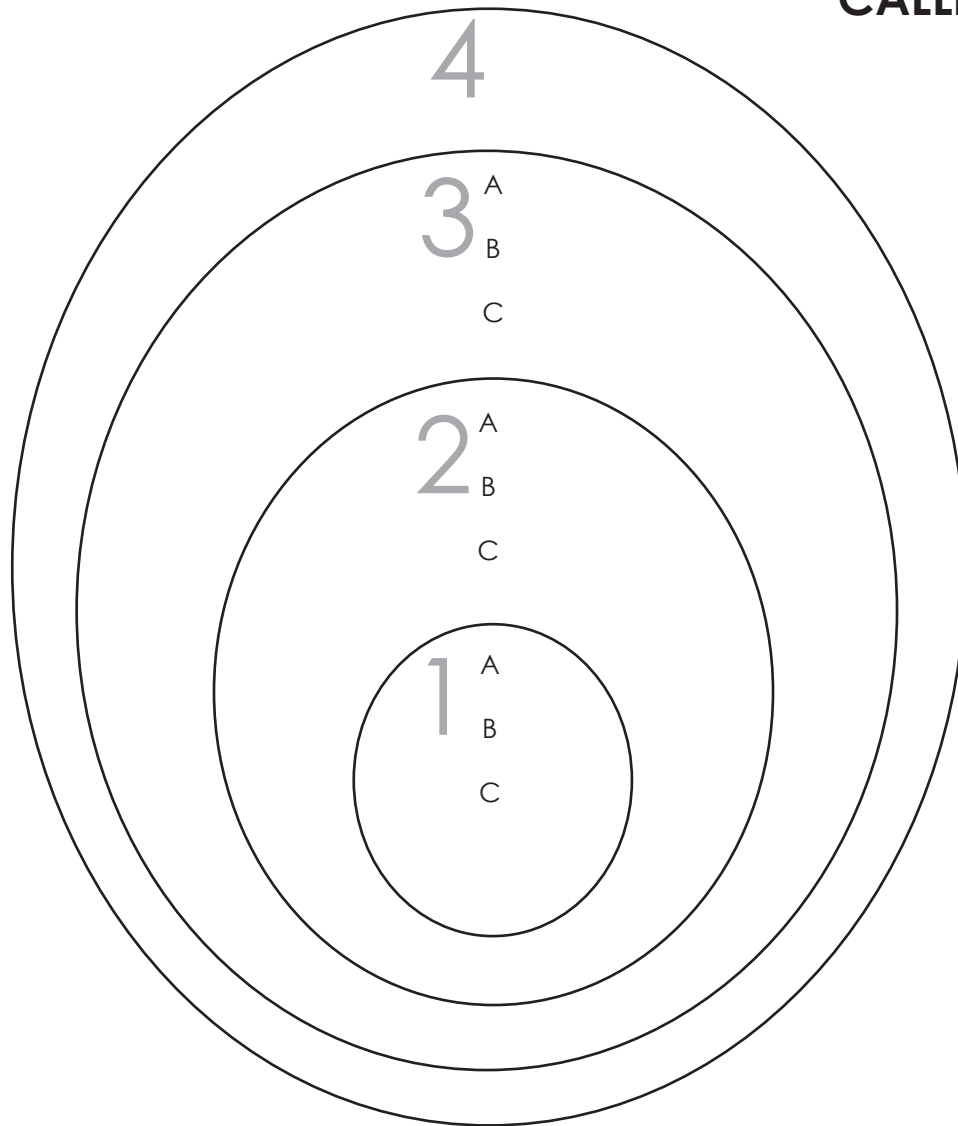
In Circle #3, write out a part of your attitude that needs to be worked on. Your attitude is the aura you put out. How do others perceive you? This would be a good question to ask your spouse, prayer partner, or coach.

Example: Remember the words of Chuck Swindoll, Words can never adequately convey the incredible impact of our attitude toward life. The longer I live the more convinced I become that life is 10 percent what happens to us and 90 percent how we respond to it. I believe the single most significant decision I can make on a day-to-day basis is my choice of attitude. It is more important than my past, my education, my bankroll, my successes or failures, fame or pain, what other people think of me or say about me, my circumstances, or my position.

Attitude keeps me going or cripples my progress. It alone fuels my fire or assaults my hope. When my attitudes are right, there's no barrier too high, no valley too deep, no dream too extreme, no challenge too great for me.

THE G.R.A.C.E. CIRCLES OF VALUES & PRIORITIES

CALLING



Fill in each circle:

Career - In Circle # 1, write out your career responsibilities if you have a job. If you do not have a job, write out what your ideal responsibilities would be and then prioritize the top three.
Example: List the three most important things you get paid to do, and determine to become highly skilled at the first, very skilled in the second, and skilled in the third.

Church - In Circle # 2, write out your spiritual gifts and the passions you have to use them in a certain setting.

Example: If you're a deacon at your church and you have a passion for stewardship, you could teach a class on the Biblical principles of finances.

Community - In Circle # 3, how can you use and utilize your gifts and talents in the community?

Example: You love kids and you love sports. You coach the local soccer team. Or you know the school board needs someone who can graciously articulate a Biblical world view and vote for them so you serve there.

In circle # 4 (outer circle), write out someone in your greater family that could be helped by you.

Example: Bring your Down's Syndrome cousin out for ice cream once a quarter.

168 HOURS OF AVAILABLE TIME

Investing Our Time for Eternal Returns

HOURS	AREA
	1. God Time <ul style="list-style-type: none"> • Personal Devotions • Corporate Worship • Bible Study & Small Group • Catechism
	2. Relationship Time <ul style="list-style-type: none"> • Spouse • Family • Friends
	3. Attitude Time <ul style="list-style-type: none"> • Journal & Evaluate • Plan, Pray & Pay • Accountability Partner • Small Group Bible Study
	4. Calling & Career Time <ul style="list-style-type: none"> • Career • Church • Community
	5. Energizers – Fun Time <ul style="list-style-type: none"> • Fun • Exercise • Entertainment • Sleep
	Grace Space <ul style="list-style-type: none"> • Dressing & personal hygiene • Errands & maintenance • Transition time
	TOTAL TIME

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

2022 REALITY

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

JANUARY			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

FEBRUARY			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
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EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

MARCH			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
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EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

APRIL			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
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EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

MAY			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

JUNE			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

JULY			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

AUGUST			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

SEPTEMBER			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

OCTOBER			
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RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

NOVEMBER			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

DECEMBER			
GOD Malachi 3:10 10%	7% Worship	2% Kingdom Work	1% Witnessing to
RETIREMENT Proverbs 6:6 10%	Personal	Professional	Public
ACTIVITIES Deut. 14:26 10%	Recreation	Vacation	Entertainment
COMMON I Timothy 5:8 50%	Housing	Transportation	Insurances
EMERGENCY Job 5:7 10%	One Month	6 Months	One Year
DESCENDANTS Prov. 13:22 10%	Recreation	Vacation	Entertainment

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2022

GOD	RELATIONSHIPS	ATTITUDE
GOALS	GOAL	GOALS
RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
ACCOUNTING	ACCOUNTING	ACCOUNTING
COACHES	COACHES	COACHES
ETERNITY	ETERNITY	ETERNITY

CALLING

ENERGIZERS

GOALS

GOALS

RESOLUTIONS

RESOLUTIONS

ACCOUNTING

ACCOUNTING

COACHES

COACHES

ETERNITY

ETERNITY

The Case for Grace

God's Riches At Christ's Expense

Ephesians 2:8-9 (ESV) For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

God's
Regal
Authority
Condemning
Everybody

The Dilemma Only Grace Can Solve (I must be saved)

Ephesians 2:1-3 (ESV)

- ¹ And you were dead in the trespasses and sins
- ² in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—
- ³ among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind.

Our Condemnation

Is the reality that even though we were created in the image of God the fall has so affected and infected us that we have become children of Satan and enemies of God – whether we know it or not.

God's
Redemption
Accounting
Christ's
Experience

Living My Life: Based on Grace (I have been saved)

Ephesians 2:4-5 (ESV) But God, being rich in mercy, because of the great love with which he loved us,

⁵ even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—

Our Justification

Is the one time event of Jesus Christ dying on the cross paying the penalty for our sins (past, present, & future) and making us forever right with God.

God's
Royalty
Acclaiming
Christ
Eternally

Living My Life: Shaped By Grace (I shall be saved)

Ephesians 2:6-7 (ESV) and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁷ so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.

Our Glorification

Is the reward of going to heaven and glorifying God forever – every day & in every way. This is our eternal position & privilege to be in His eternal

presence– today!

God's
Reconciled
Acting
Christ-like
Everyday

Living My Life: Paced By Grace (I am being saved)

Ephesians 2:10 (ESV) For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Our Sanctification

Is the process of being more and more Christ-like as we grow in His grace and knowledge. It is the life of God in the soul of man, a life of vigorous confidence in the path of gracious victory.

God's Re-created Accepting Christ's Enthusiasm
I am Saved – The Joy of Our Salvation – My face of Grace

START WITH YOURSELF

Found on the tomb of an Anglican Bishop
buried in the crypts of Westminster Abbey

When I was young and free and my imagination had no limits, I dreamed of changing the world. As I grew older and wiser, I discovered the world would not change. So, I shortened my sights somewhat and decided to change only my country. But it, too, seemed immovable.

- ✧ And now as I lie on my deathbed, I suddenly realize:
- ✧ If I had only changed myself first, then by example, I would have changed my family.
- ✧ From their inspiration and encouragement, I would have then been able to change my country and, who knows, I may have even changed the World.

If you were to die tomorrow, the company you work for could replace you in a week. But your wife and children would feel the loss for the rest of their lives. Yet, many of us pour ourselves more into our jobs than our families . . . an unwise investment. – Dennis Borg

Just think,
You're here not by chance,
but by God's choosing.
His hand formed you
and made you the person you are.
He compares you to no one else -
You are one of a kind.
You lack nothing
that His
GRACE
can't give you.
He has allowed you to be here at
this time in history
to fulfill
His special purpose
for this generation.
Roy Lessin

An Affirmation of Providence

- ◆ I consider this to be the greatest place in the world to live
- ◆ I consider this to be the greatest time in history to be alive
- ◆ I consider this the greatest job in the world to have
- ◆ I consider those around me to be the greatest people to be in a relationship with
- ◆ I consider this to be the greatest opportunity in history
- ◆ I consider the positive and negative attributes of my life to be a part of God's grand scheme of love in my life

Simply because God has placed me right here, right now, He has gifted me with abilities and disabilities. His grace is sufficient through it all. God not only has the whole world in His hands, He also paves a providential path for His beloved children.

His finger of providence has paved the path of my life.

Rev. Bruce R. Kuiper

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
GOALS	GOAL	GOALS	GOALS	GOALS
RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING
COACHES	COACHES	COACHES	COACHES	COACHES
ETERNITY	ETERNITY	ETERNITY	ETERNITY	ETERNITY

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

GOD

RELATIONSHIP

ATTITUDE

CALLING

ENERGIZERS

Godly objectives accomplished
in love

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

GOD

RELATIONSHIP

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Godly objectives accomplished
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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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Godly objectives accomplished
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MILEAGE

DIET & EXERCISE

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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Godly objectives accomplished
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REFLECTION & PRAYERS

Jesus & The Bible on Stewardship of Time

The Bible teaching concerning stewardship points to God's ownership of all things. In Psalms 31:15) the Word teaches: "My times are in thy hand." The Bible has taught us that stewards must be faithful (1 Corinthians 4: 2 Now it is required that those who have been given a trust must prove faithful) Therefore, we must use our time in the proper ways.

According to Luke 16: 2(So He called him in and asked him, `What is this I hear about you? Give an account of your management, because you cannot be manager any longer.) Christians will have to give an account of their stewardship including time.

The way Christ used his time should serve as an example to all Christians:

- ✠ **CHRIST KNEW THE VALUE OF TIME.** Luke 2: 49: "Why were you searching for me?" he asked. "Didn't you know I had to be in my Father's house?"
- ✠ **CHRIST KNEW THE LIMIT OF TIME.** John 9:4: As long as it is day, we must do the work of him who sent me. Night is coming, when no one can work.
- ✠ **CHRIST KNEW THE USE OF TIME.** John 4:34: "My food," said Jesus, "is to do the will of him who sent me and to finish his work.
- ✠ **CHRIST KNEW THE BREVITY OF TIME.** John 12:35: Then Jesus told them, "You are going to have the light just a little while longer. Walk while you have the light, before darkness overtakes you. The man who walks in the dark does not know where he is going.
- ✠ **CHRIST KNEW THE REWARD OF TIME.** John 17:4: I have brought you glory on earth by completing the work you gave me to do.

Time is:

1. **Time is appointed to us from God.** Job 7:1:

"Does not man have hard service on earth? Are not his days like those of a hired man?"

2. **Time moves swiftly.** Job 7:6:

"My days are swifter than a weaver's shuttle, and they come to an end without hope.

3. **Time is short for man.** Psalms 89:47:

Remember how fleeting is my life. For what futility you have created all men!

4. **Time is allotted and must be used properly.** Psalms 90: 9-12

(Remember how fleeting is my life. For what futility you have created all men!)

Time must be passed in the fear of God. 1 Peter 1:17 (Since you call on a Father who judges each man's work impartially, live your lives as strangers here in reverent fear.)

Time for man's life is so little then it vanisheth. James 4:14 (Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes.

I. CHRISTIANS WHO ARE CONCERNED ABOUT THEIR PROPER STEWARDSHIP OF TIME MUST KNOW TIME.

Romans 13: 11-14. According to these verses if saints know the time they realize it is

- A. **Time to “wake up”** - Then I saw another beast, coming out of the earth. He had two horns like a lamb, but he spoke like a dragon.
- B. **Time to “cast off”** - [12] He exercised all the authority of the first beast on his behalf, and made the earth and its inhabitants worship the first beast, whose fatal wound had been healed.
- C. **Time to “put off”** - [12]
- D. **Time to “walk”** - [14] Because of the signs he was given power to do on behalf of the first beast, he deceived the inhabitants of the earth. He ordered them to set up an image in honor of the beast who was wounded by the sword and yet lived.
- E. **Time to “make not”** - [15] He was given power to give breath to the image of the first beast, so that it could speak and cause all who refused to worship the image to be killed.

II. CHRISTIANS WHO ARE CONCERNED ABOUT THEIR PROPER STEWARDSHIP OF TIME MUST REALIZE THE SERIOUSNESS OF THE TIME.

1 Corinthians 7:29-31. According to these verses because the time is short saints must realize:

- A. Time is not to be taken up with domestic cares. – [29] What I mean, brothers, is that the time is short. From now on those who have wives should live as if they had none;
- B. Time is not to be taken up with sorrows. – [30] those who mourn as if they did not; those who are happy as if were not; those who buy something as if it were not there's to keep;
- C. Time is not to be taken up with joys. – [30] those who mourn as if they did not; those who are happy as if were not; those who buy something as if it were not there's to keep;
- D. Time is not to be taken up with possessions. – [30] those who mourn as if they did not; those who are happy as if were not; those who buy something as if it were not there's to keep;
- E. Time is not to be taken up with the world. – [31] those who use the things of the world as if not engrossed in them. For this world in its present form is passing away.

III. CHRISTIANS WHO ARE CONCERNED ABOUT THEIR PROPER STEWARDSHIP OF TIME MUST REDEEM THE TIME. Ephesians 5:15-16, Colossians 4:5

“Look carefully then how you walk! Live purposefully and worthily and accurately , not as the unwise , sensible, intelligent people; Making the very most of the time—buying up each opportunity—because the days are evil Ephesians 5:15-16

According to this passage saints wanting to buy up each opportunity must know

- A. Time is redeemed by “walking carefully” – [15] Be very then, how you live –not as unwise but as wise,
- B. Time is redeemed by “living purposefully” – [15] Be very then, how you live –not as unwise but as wise,
- C. Time is redeemed by “living worthily” – [15] Be very then, how you live –not as unwise but as wise,
- D. Time is redeemed by “walking accurately” – [15] Be very then, how you live –not as unwise but as wise,
- E. Time is redeemed “using opportunities” – [16] making the most of every opportunity, because the days are evil.
- F. Time must be redeemed because the days are evil – [16] making the most of every opportunity, because the days are evil.

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COACHES	COACHES	COACHES	COACHES	COACHES
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FEBRUARY 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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Godly objectives accomplished
in love

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REFLECTION & PRAYERS

4 Reasons Why People Are Late:

1. They May Be Angry or Grieving
 - ✦ Passive aggressive behavior
 - ✦ Mad at God and/or authority figures
 - ✦ Seeking to sabotage success
 - ✦ Grieving and loss of motivation
 - **Solution: Professional Help**
2. They Are Too Overly Optimistic
 - ✦ They can't believe "Murphy's Laws" could be true.
 - ✦ They forgot the command to redeem the times for the day's are evil.
 - ✦ They think that they're so special that people don't mind waiting for them because they exaggerate their own self importance.

Solution: Plan Your Time & Time Your Plan
Honor Others by Being Timely

3. Their Personal & Genetic Makeup
 - ✦ Some people are simply not wired to be as aware of time
 - ✦ Different "Personality Profiles" differ in making time a priority
 - **Solution: Know thyself**
4. They Never Developed Time Stewardship Skills
 - ✦ Family skills were poor
 - ✦ No one ever taught them
 - ✦ They are too proud to be humbled and graced.

Solution: Use a Time Stewardship System

Ephesians 5:16 make the most of every opportunity, because the days are evil.

4 Reasons Why Time Stewardship is Vital

1. Communal
 - That is how a community honors each other
 - More is done because everyone works together – start on time and end on time
2. Personal
 - It gives our lives order and peace
 - When we exercise stewardship of our time, God is able to return blessings for which we can give Him gratitude
3. Relational

- We tell people we value them when we give them our timely time
 - Giving our time is giving of ourselves
4. Devotional
 - Our rhythm of life and worship is described in the Bible daily, weekly and yearly
 - We need a time to be still and know God is God
 - God is infinite and we are finite

Psalm 127:2 In vain you rise early and stay up late, toiling for food to eat-- for God grants sleep to those He loves.

When I am too busy:

1. I dictate instead of communicate
2. I define people by what they are, instead of who they are
3. I see weaknesses in others and I want people to notice only my strengths
4. I lose balance and perspective and think I deserve perks that I really don't
5. I don't enjoy people and I even resent them
6. I demand God's judgment and wrath opposed to His kindness and grace
7. I expect God to forgive because I am so busy for him (This is the worst sin of all and mocks his grace and my responsibility)

8. I feel guilty and want others to pity and/or praise me
9. I am vulnerable to too many sins and am too weak physically to resist sin
10. I get ineffective and aimless while everything seems overwhelming
11. I don't pray and read scripture like I should

Yet, when I have too much time:

1. I am wasting God's resources
2. I do sins of commission and omission

First Thing in the Morning

Media / Don't start your day with the news By Joel Belz

Issue: "For the sake of the children," March 21, 2015

Posted March 6, 2015, 01:00 a.m.

David the psalmist (Psalm 143:8)—suggests an early start with God's Word is key. Three suggestions why that may be so:

- 1) It's a daily symbolic statement of what is most important.
- 2) In practical terms, what you do first tends to get done; what you put off competes with other obligations and is often bumped from the schedule.
- 3) What you do first tends to define the rest of the day.

The famous Swiss theologian Karl Barth lived in a simpler age. When he said that a serious Christian should start the day with a Bible in one hand and a good newspaper in the other, could he possibly have known how complicated things were going to get?

Barth's point was to encourage us to be alert to what God is doing in the world, but constantly to refine that perspective in the light of God's written truth. For years, I've appreciated Barth's advice—so long as we're also reminded of the priority the Bible holds over the newspaper.

The newspaper is a symbol of what we call general revelation. The Bible, on the other hand, is a symbol of what we know as special revelation. And the authority of special always trumps the authority of general.

In Barth's day (he lived from 1886 to 1968), the symbolism was simpler. You had a black leather-bound book, of fairly substantial size. And you had a morning paper. Twenty years ago, in this space, I pushed the point of the symbolism (maybe too far!) when I asked you to reflect on which of the two you picked up first every morning. In other words, which revelatory system was more important in your daily scheme of things? My question might not have been fair or legitimate—but at least my point was obvious.

All of us need to be infused frequently—maybe even constantly—with the life-giving discernment of God's special revelation in the Bible.

But today, half a century after Barth's death, such symbolism has become both muddled and confused. For starters, whether it's my morning Bible reading or my daily fix of *The Wall Street Journal*, I reach for neither a book nor a newspaper. Both are faithfully transmitted to me over the same small iPhone, which helpfully enlarges the typeface and brightens the screen for my aging eyes.

All that though is, as I say, just for starters. If the newspaper was, a few decades ago, a symbol for

general revelation, the expanse of that revelation has now been multiplied so vastly that my befuddled brain spins in response. And the tools now available on these little devices to drill into the truths of Scripture are similarly remarkable. On that same little smartphone I can enjoy half a dozen translations of the Bible, interactive atlases, concordances, cross references, audio readings, video commentaries, etc.

With all that data scattered across the landscape, where do we start? How do we budget our hours and days? In a sense, wasn't it easier when we had nothing more than a Bible and a newspaper?

If the temptation at this point is to aim for some kind of 50-50 arrangement, we probably are overrating ourselves. We Christians find it far too easy to suppose we're pre-equipped to think Christianly about everything going on around us. We think we know the main drift of biblical morality and biblical thinking, and are ready to pick up the paper and know—almost intuitively—what a biblical perspective is on all those issues. We shouldn't kid ourselves.

The "mind of Christ" doesn't get formed in an instant. It comes through lifelong disciplines. That's why all of us need to be infused frequently—maybe even constantly—with the life-giving discernment of God's special revelation in the Bible. Better to try to keep up your physical well-being without eating every day than to keep up your powers of godly discernment without daily recourse to God's very words and instruction for His children.

Granted, the order in which we take our different kinds of nourishment may be a matter of personal preference. But nutritionists still recommend a healthy breakfast! And the personal experience from God's saints through all the ages—including David the psalmist (Psalm 143:8)—suggests an early start with God's Word is key. Three suggestions why that may be so:

- 1) It's a daily symbolic statement of what is most important.
- 2) In practical terms, what you do first tends to get done; what you put off competes with other obligations and is often bumped from the schedule.
- 3) What you do first tends to define the rest of the day.

We WORLD people tend to be news junkies. That's how, for years, I started my day. Some of you, heaven forbid, may even start with WORLD! Don't. Start instead with what defines everything else. Everything else then—including WORLD—will make a lot more sense.

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
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RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING
COACHES	COACHES	COACHES	COACHES	COACHES
ETERNITY	ETERNITY	ETERNITY	ETERNITY	ETERNITY

MARCH 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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MILEAGE

DIET & EXERCISE

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

GOD

RELATIONSHIP

ATTITUDE

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Godly objectives accomplished
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REFLECTION & PRAYERS

"My voice you shall hear in the morning, O Lord; In the morning I will direct it to you, and I will look up" (Psalm 5:3),

Matthew Henry gives eight reasons why we should wake up with prayer.

1. The morning is the first part of the day, and it is fit that He that is the first should have the first and be first served.

2. In the morning we are fresh and lively, and in the right frame due to our spirits being refreshed by sleep.

"Worshipping God is work that requires the best powers of the soul, when they are at their best."

3. In the morning we are most free from company and business, and ordinarily have the best opportunity for solitude and retirement.

4. In the morning we have received fresh mercies from God which we are concerned to acknowledge with thankfulness to His praise.

"Many lie down to sleep and never rise again – but we have slept and waked again, rested and refreshed."

5. In the morning we have fresh matter ministered to us for adoration of the greatness & glory of God in the common good of the universe (Psalm 19).

"How many thousands of miles has the sun travelled this last night, to bring the light of the morning to us poor sinful wretches that justly might have been buried in the darkness of the night!"

6. In the morning we have, or should have had fresh thoughts of God and sweet meditations on his name, and these we ought to offer up to him in prayer.

7. In the morning we find cause to reflect upon many vain and sinful thoughts that have been in our minds in the night season; and it is necessary that we apply for the pardon of them.

"Dare we go abroad till we have renewed our repentance, which we are every night making new work for?"

8. In the morning we are addressing ourselves to the work of the day, and therefore are concerned by prayer to seek unto God for His presence and blessing.

"Pray for God's presence and blessing...for our families...for wisdom to manage our callings...for opportunities to do good....for preservation from evil."

Dr. David Murray Pastor . Professor . Author April 1, 2015

The \$25,000 Idea

Did you ever hear about the single idea for which a man was paid \$25,000? It was worth every penny of it!

The story goes that the president of a big steel company had granted an interview to an efficiency expert named Ivy Lee. Lee was telling his prospective client how he could help him do a better job of managing the company, when the president broke in to say something to the effect that he wasn't at present managing as well as he knew how. He went on to tell Ivy Lee that what was needed wasn't more knowing but a lot more doing. He said, "We know what we should be doing. If you can show us a better way of getting it done, I'll listen to you - and pay you anything within reason you ask."

Lee then said that he could give him something in 20 minutes that would increase his efficiency by at least 50 percent. He then handed the executive a blank sheet of paper and said, "Write down on this paper the six most important things you have to do tomorrow." The executive thought about it and did as requested. It took him about three or four minutes.

Lee then said, "Now number them in the order of their importance to you and to the company." That took another three or four minutes.

The Lee said, "Now put the paper in your pocket, and the first thing tomorrow morning, take it out and look at item number one. Don't look at the others, just number one, and start working on it. And if you can, stay with it until it's completed. Then take item number two the same way; then number three, and so on, until you have to quit for the day.

"Don't worry if you have finished only one or two items on your list. The others can wait. If you can't finish them all by this method, you couldn't have finished them with any other method. And without some system, you'd probably take 10 times as long to finish them – and might not even have them in the order of their importance."

"Do this every working day," Lee went on. "After you've convinced yourself of the value of this system, have your men try it. Try it as long as you like, and then send me your check for whatever you think the idea is worth."

The entire interview hadn't taken more than a half-hour. In a few weeks, the story has it, the company president sent Ivy Lee a check for \$25,000, with a letter saying the lesson was the most profitable, from a money standpoint, he had ever learned in his life. And it is said that this plan was largely responsible to turning what was then a little-known steel company into one of the biggest independent steel producers in the world.

One idea! The idea of taking things one at a time, in their proper order; of staying with one task until it's successfully completed before going on to the next; of living one day at a time.

Earl Nightingale 1921-1989 (speaker & author, known as the "Dean of Personal Development.") In Lead the Field

IS YOUR JAR FULL?

I'll never forget an important time management lesson I learned in a seminar many years ago...

Especially how the instructor illustrated the point. "Okay, time for a quiz," he said as he pulled out a one-gallon wide-mouthed mason jar and set it on the desk in front of him.

He produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is the jar full?"

Everyone in the seminar said, "Yes."

Then he asked, "Really?" He reached under the table and pulled out a bucket of gravel. He dumped some gravel in and shook the jar. This caused pieces of gravel to work themselves down into the spaces between the big rocks. The he asked the group again, "Is the Jar full?"

By this time, the class was on to him. "Probably not," we answered.

"Good!" he replied as he reached under the table and brought out a bucket of sand. He started dumping the sand in, and it went into all the spaces left between the rocks and the gravel. Once more, he asked the question, "Is the jar full?"

"No!" the class shouted. Once again he said, "Good!" Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then he looked up at the

class and asked, "What is the point of this illustration?"

One eager beaver raised his hand and said, "The point is, no matter how full your schedule is, if you really try hard, you can always fit some things into it."

"No," the instructor replied. "The point is, if you don't put the big rocks in first, you'll never get them in at all."

So, today, tonight, or in the morning, when you are reflecting on this story, ask yourself this: What are the "big rocks" in my life or business? Then, be sure to put those in your jar first.

And by the way, you get the same size jar as everyone else. No exceptions.

What changes from person to person is the size of each rock. I've got a couple of boulders in my jar: family first, always. Things like friends, my company, my speaking/writing "hobby," maintaining my network, my volunteer commitments, my health, and my religion all take up a lot of space. The gravel is all the stuff that takes up more than a few minutes, but doesn't necessarily happen every day: like a committee assignment, a vacation, learning new software... you get the idea.

And now, the sand. You can decide whether to be that 98-pound weakling who gets sand kicked at him or the creator of a spectacular

sandcastle. The sand is the yes/no stuff that absolutely has to fit around everything else after it's in the jar. You choose the sand. It's your jar.

Ask yourself this: What are the "BIG ROCKS" in my life or business? Then, be sure to put those in your jar first.

In other words, it's your time. Change the rocks, gravel, and sand into hours, minutes, and seconds. Then decide what your priorities are and how much time you'll spend on them. If you don't, someone else will decide for you, and you'll end up with a jar full of heavy, jagged, nasty shards that nobody could touch without getting stabbed by another rock. Do you really want to spend your time working on other people's priorities?

As Benjamin Franklin said, "If we take care of the minutes, the years will take care of themselves." Good time management is taking care of the things that matter most to us first and keeping that jar of rocks in sight all the time.

Decide what your priorities are and how much time you'll spend on them. If you don't, someone else will decide for you, and you'll end up with a jar full of heavy, jagged, nasty shards.

My friend Lou Holtz has a great formula called W.I.N.: What's Important Now? Use some of your precious time to figure out what's important in your life and you will win.

Mackay's Moral: Hey, even Superman had to work around the kryptonite. So can you.

Nationally syndicated columnist Harvey Mackay has written four New York Times best-selling books, including the current *Pushing the Envelope*.

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
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RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
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COACHES	COACHES	COACHES	COACHES	COACHES
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APRIL 2022

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God's objectives activated by love

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REFLECTION & PRAYERS

PARAPHRASE OF *TYRANNY OF THE URGENT* BY CHARLES E. HUMMEL

Have you ever wished for a thirty-hour day? It seems like more time would solve our problems of not having enough time. However, we would find ourselves just as frustrated. Parkinson's Principle says, "Work expands to fill all the available time."

We would work more, and enjoy it less.

Jumbled Priorities?

Our problem is not a shortage of time, but it is a problem with priorities. Hard work brings achievement and joy, but it is when we review a month or a year, that we feel doubt and misgiving. We sense we've failed to do what was really important.

A factory manager once said, "Your greatest danger is letting the urgent things crowd out the important." When we allow the urgent to crowd out the important, we are not prioritizing correctly.

The urgent and the important battle for time. The urgent needs to be done right now, while the important things, like visiting a friend or extra hours of prayer, can wait a while longer. How can we fight the urgent, so that we have time for the important? The answer lies in the life of Jesus.

The Example of Jesus

The night before Jesus died, he said to his Father, "I have brought you glory on earth by completing the work you gave me to do" (John 17:4).

Jesus only "worked" for three years, and yet, he knew he had completed the work God gave him to do. Jesus stated many times that he did not come to carry out his own plans, but those that God gave him to do. (John 6:38; 8:28-29)

In order to accomplish what God had planned for him, Jesus did work hard. He kept up with the demands of the sick, maimed, and demon-possessed. He also preached and taught. There was a point where he was so exhausted, he slept through a furious squall on the sea until his disciples woke him up.

Yet, Jesus had time for people, and he was in tune with God's timing. He was patient. Balance and timing were perfect in Jesus' life.

Wait for Instruction

What was the secret of Jesus' ministry? *He prayerfully waited for his Father's instructions.* (Mark 1:35) Jesus discerned the Father's will day by day in a life of prayer. Because of this, Jesus was able to resist the urgent and instead, do what was important.

On one occasion, many people were waiting for Jesus to heal them, and his disciples were looking for him. When they found him, he chose what was important and went to preach somewhere else instead. (Mark 1:37-38)

On another occasion, Jesus stayed where he was for two days after being summoned to Lazarus' death bed. This was because Jesus was in tune with the Father's will. He knew the Father wanted him to raise Lazarus from the dead, and not just heal his sick body.

In both of these situations, Jesus' "yes" to the Father's purpose meant saying "no" to urgent demands of human needs. Jesus' prayerful waiting for the Father's instruction freed him from the tyranny of the urgent. Because of this, Jesus had a sense of direction, he had balance, and he had satisfaction of a job well-done.

Dependence Makes You Free

Jesus promised, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free . . . I tell you the truth, everyone who sins is a slave to sin . . . If the Son sets you free, you will be free indeed" (John 8:31-32, 34, 36).

Depending on Jesus will make us free from the tyranny of the urgent. We have to hold to his teaching everyday by meditating on Scripture.

The root of all sin is relying on self, rather than God. When we fail to wait prayerfully for God's guidance and strength, we are saying that we do not need him and we can do it alone.

Relying on God is when we will be our strongest and when we will accomplish the important.

Spending Time and Money

We all are given the same amount of time each day. What we do with it depends on our goals.

There is a parallel between time and money. Jesus says, "From everyone who has been given much, much will be demanded" (Luke 12:48). Because of this, we need to make sure we spend our time wisely by deciding what is important, discovering how we are spending our time, learning to budget our hours, and then following through.

Decide What's Important

Decide what is important in your life so you can give those things proper priority. Take time to write down a goal for each important activity, and estimate the time it will take to complete it. The following are some areas to consider:

- Relationships with God, family, neighbors, friends;
- Christian fellowship, worship, service;
- Work; and
- Community duties and programs.

Discover Where Your Time Goes

Take an account of where your time goes right now. Break your day into half hour segments and record how much time you spend on each activity for a week. At the end of the week, count the hours spent in each activity and compare it to the list of priorities you made in the first step.

Budget the Hours

Set aside one hour a week for spiritual inventory. Jot down an evaluation of the past week and record any lessons God may be teaching you. During this time, plan your activities for the coming week. Set aside time each month for longer-range evaluation, as well.

Prayerful waiting on God is necessary to be effective. In prayer we learn the truth about God, ourselves, and the tasks he wants us to undertake.

The *need* itself, however urgent, is not the *call* for us to meet it. The call must come from the Lord who knows our limitations.

Continue the Effort

One of the greatest struggles in the Christian life is the effort to make adequate time for daily waiting on God, weekly inventory, and monthly planning. Yet, this is the path to escaping the tyranny of the urgent.

Nothing substitutes for knowing that on this day, at this hour, in this place, we are doing the will of our Father in heaven. When we do this, we can look forward to seeing our Lord when we die and hearing him say, "Well done, good and faithful servant!" (Matthew 25:21).

Don't try to make too many changes at first, but slowly allow your priorities to take over your calendar. Take a large monthly calendar and block out necessary time, like work and school. Then cut down or eliminate activities you spend too much time on, and replace them with a priority.

The encouragement of small successes with your time will help you continue to make changes month by month.

Remember to leave a little time each week for emergencies.

Follow Through

Recommit yourself to the Lord each day as you think of the hours ahead of you. Review your priorities and tasks to be done, and beware of the telephone.

If someone calls with something urgent for you to do, tell them you need to think it over. Then pray and discern whether the task is God's will for you. Look at your time and decide what scheduled activity has to be eliminated because of this urgent request. If you agree to do this, what will you cut out?

Evaluate

Christians who are too busy to stop, take spiritual inventory, and receive their assignments from God, become slaves to the tyranny of the urgent. They may work day and night to achieve much that seems significant to themselves and others, but they don't complete the work God has for them to do.

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MAY 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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Godly objectives accomplished
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REFLECTION & PRAYERS

The Effective Executive

Know Your Time by Peter F. Drucker

Effective stewards start out by not planning, but by finding out where their time goes. They then cut out what they can, and consolidate their time.

- ⌚ Record
- ⌚ Manage
- ⌚ Consolidate

Time is Limited.

- ⌚ Make good use of your time.
- ⌚ Man is ill-equipped to manage his own time.
- ⌚ Our memory is not sufficient to help us know where our time goes.
- ⌚ Keeping good records of time will help us know where we spend our time.

The Time Demands on the Executive

We need large chunks of time, rather than small pieces here and there in order to be effective. Focus on results and goals. Decisions involving people are time-consuming.

Time-Diagnosis

Keep a record of time as it is being spent, not later on when your memory may fail you.

Find the nonproductive time and get rid of it.

Identify things that don't need to be done at all. Identify things that could be done by someone else instead – delegated. Find out where you waste other people's time and get rid of it.

Pruning the Time Wasters

Poor planning wastes time. Make routines that prevent a crisis from happening again.

Too many people working together wastes time. Only hire as many people as you need.

Poor organization and badly directed meetings are time-wasters. If you are in meetings more than a fourth of your time, you are wasting time as an executive.

Malfunction in information wastes time. The right people need to know the right information on time.

Consolidating "Discretionary Time"

"Discretionary Time" is time that is available for big projects, after you have analyzed how your time is spent.

Consolidate the "Discretionary Time" so that you have more than just 15 minutes here and there.

Work at home one day a week if necessary.

Schedule certain kinds of work for certain parts of the day or certain days of the week.

Schedule a daily work period at home in the morning.

Get the important work done first.

Continually keep records of your time, so that you can keep pruning things off and spend time on what's actually needed.

Hebrews 13:17 . . . who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you.

Romans 14:12 So then, each of us will give an account of himself to God.

Set deadlines for work, and if you see deadlines slipping away, you know you need to re-analyze your time.

Time Management

Tips from Mark H. McCormack

Make a "To Do Today" yellow legal pad—each page should be a separate day . Split each page down the middle with a line: left of the line are the people to call, right of the line are things to do. Carry index cards to jot down bullets from people you regularly speak with, then you can transfer those notes to the appropriate page of your legal pad. Successful business people operate from some kind of time organization system.

Time Management:

1. Savor the Easy Tasks

List things you want to accomplish each day, write down the amount of time each task will take. Complete the achievable tasks first to get the sense of accomplishment and motivation to tackle the more difficult tasks.

2. Plan Backwards to Keep Moving Forward

Determine everything you need to accomplish and would like to do prior to getting to the office each day. Assign each item an amount of time and work backwards from the arrival time.

3. Don't try to be a time hero or the hero's victim

Don't try to do 2 hours worth of work in 1 hour

4. Work from a realistic to-do list

Aim to have everything marked off the list by the end of the day.

5. Transition times

The period of time between the end of one transaction and the start of another.

6. Letting them in on the secret

Stick to the time you have allotted for a meeting. Schedule meetings for 10 minutes or 20 minutes after the hour. People will get the idea that they need

to be there at that time sharp, therefore none of your time is wasted.

The Biggest Time Bomb of All: The Telephone Getting Through on the Phone:

1. Learn their patterns
2. Ask them what is convenient
3. Calling people on the road:

best time to call is between 8-9 a.m. at their hotel, or between 5:30 and 7:30 p.m.

4. When you don't want to get through: call before they get to the office, after they leave, or during the lunch hour

1. **Management by Phone Around:** Schedule your phone calls, let the person know they have 5 minutes ahead of time, begin the phone conversation with "what's new?". A well-timed phone call can be a great management tool
2. **Management by Federal Express:** You will receive reports back from people which are no less best.
3. **Manage time wisely in and out of the office:** schedule leisure time, whether it's one hour or several days.
4. **Use "talk to" files** for each and every executive. Keep everything pertaining conversations and meeting with that executive together. When you are scheduled to meet with him again you can refresh your memory with the file.

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
GOALS	GOAL	GOALS	GOALS	GOALS
RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING
COACHES	COACHES	COACHES	COACHES	COACHES
ETERNITY	ETERNITY	ETERNITY	ETERNITY	ETERNITY

JUNE 2022

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God's objectives activated by love

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God's objectives activated by love

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REFLECTION & PRAYERS

How to Spot and avoid post-adrenaline depression.

By Archibald Hart

Six years ago a former student dragged himself into my office at the graduate school where I teach. Upon graduation a few months earlier, he had entered ministry at a church in Southern California .

After a few polite exchanges, I asked about his new life in ministry. He bowed his head and stared at the floor.

"I'm wiped out and depressed," he explained, his face cupped in his hands. "I don't know what's wrong. I just can't pull myself together."

My friend explained that in the first months of his pastorate, he had worked at a breakneck pace. He had started a building-fund project, initiated a Sunday school program and planned the Christmas production. When his wife warned him to slow down, he joked, "I know only two speeds: full speed ahead and dead stop!"

After the Christmas and New Year's activities, he fell suddenly into depression. Not one of those minor slumps he faced on Monday mornings, but a visceral one he couldn't shake.

"I can hardly muster the strength to make it out of bed," he said. When my friend told me this, I recognized him as one of the many ministers I talk to every year: an adrenaline junkie who had finally hit "the slump"—post-adrenaline depression.

What Kind of Depression?

A post-adrenaline slump is the depression you feel after you've been on the go for months and then collapse. For example, you've probably had dozens of commitments since the holidays—programs, weddings, funerals, sermons. All those events require you to call on your body's adrenaline for energy.

But your adrenaline is designed to help you make it through emergencies. When you use the hormone to gear up for every event, your adrenal system will "resign," and you'll be flat on your back. In simple terms, that means if you've tried to conquer the world since last Christmas and are now making big plans for Easter, you may be heading for a slump.

The good news is that the slump is your body's way of protecting itself from destruction. If you pay attention to the slump by getting the necessary rest, you'll be light years ahead of most people. The bad news is that I talk to dozens of ministers who never make it through the first five years of their ministries without emotional or physical burnout because they don't pay attention.

How Can I Survive the Slump?

The only way you will wade through the slumps of ministerial work is to realize your limitations. No matter how protected by God you feel because you are about to do his work, a few "laws of life" are no respecter of persons:

- ✎ The law of limits. Every electric motor has a duty cycle stamped on the outside that tells you what percentage of time you can use it before it burns out. A refrigerator motor, for instance, usually has a duty cycle of 20 percent. If it runs longer than 12 minutes per hour, it will overheat.

So it is with our bodies. We are not designed for continuous service. If we go 24 hours a day, seven days a week, we will burn out.

- ✎ The law of rest. Work must be balanced with rest, which is why God commanded us to stop for Sabbath. Rest is designed to help our bodies recover.

- ✎ The law of priorities. Some ministers place a greater priority on serving God than on knowing him—spending time with him in prayer, for example. The healthy minister knows how to balance service against sitting in the Lord's presence for rejuvenation.

Christ, Our Example

- Jesus' life was a model of calmness. Look at him asleep at the back of a ship (Mark 4:38). A great storm comes, and Jesus goes on sleeping! Was he oblivious to the storm? No. Was he uncaring about others? Certainly not. When the disciples woke him and asked, "Teacher, don't you care if we drown?" he calmed the sea and asked, "Why are you so afraid? Do you still have no faith?" (v. 40).
- Behind some stress is our lack of trust in the Lord. We forget that he is in control and that we can't fix everything even if we try. If we saw our world as Jesus sees it, would we be as frenzied as we are? Probably not.

Ten Time Tips For Pastors, and Others, To Beat Burnout

A Pastor's job is never done and you or Mr. & Mrs. very pious but extremely unrealistic can always suggest you do more so are some insights & tips for beating burnout. He goes beyond the typical of having defined roles and goals to wisdom like:

1. Divide your day wisely by either working half the day, and the good news is it doesn't matter which half. Or, divide your day into morning, noon, and night, then work two out of the three.
2. Choose where you will expend your energy. Take a lesson from Wilt Chamberlain. He said he'd be at the shoot-around at 3:30 or at the game at 6:00, and the coach could decide which one. The point is he didn't do both. Know what you need to do to avoid doing too much.
3. Quiet before you're tired or you'll be too tired to recover. Make sure your Prayer partner, wife and top Elder keep you accountable to this.
4. Remember God meant what He said about Sabbath Rest.
5. You need physical strength to fight Satan, yourself and the world when sin comes calling.
6. Exercise each work day like Jonathon Edwards did every afternoon.
7. Remember family meals and fun activities during your day off are vital to the command to manage your household well.
8. Like Jethro told Moses in Exodus 18, time spent in training and equipping others is time invested for duplication and multiplication of Disciples just like Jesus demonstrated.
9. Prayerlessness is powerlessness. It is the enemies' portal to Kingdom devastation.
10. Weekly date your wife and kids or you will become weak.

1 Timothy 4:15-16

Be diligent in these matters; give yourself wholly to them,
so that everyone may see your progress.

¹⁶ Watch your life and doctrine closely.

Persevere in them, because if you do,
you will save both yourself and your hearers.

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JULY 2022

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God's objectives activated by love

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God's objectives activated by love

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Godly objectives accomplished
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REFLECTION & PRAYERS

The Driven Man Verses One Called of God

In an exploration of the inner sphere of the person, one has to begin somewhere, and I have chosen to begin where Christ appears to have begun – with the distinction between the called and the driven. Somehow He separated people on the basis of their tendency to be driven or their willingness to be called. He dealt with their motives, the basis of their spiritual energy, and the sorts of gratification in which they were interested. He called those who were drawn to Him and avoided those who were driven and wanted to use Him.

How can you spot a driven person? Today it is relatively easy.

Can driven people be spotted? Yes, of course. There are many symptoms that suggest a person is driven. Among the ones I see most often are these:

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| <ol style="list-style-type: none">1. A driven person is most often gratified only by accomplishment.
2. A driven person is preoccupied with the symbols of accomplishment.<ul style="list-style-type: none">† He is usually conscious of the concept of power, and he seeks to possess it in order to wield it. That means that he will be aware of the symbols of status: titles, office size and location, positions on organizational charts, and special privileges.
3. A driven person is usually caught in the uncontrolled pursuit of expansion.<p style="margin-left: 20px;">The nineteenth-century English preacher Charles Spurgeon once said:</p><ul style="list-style-type: none">† Success exposes a man to the pressures of people and thus tempts him to hold on to his gains by means of fleshly methods and practices, and to let himself be ruled wholly by the dictatorial demands of incessant expansion. Success can go to my head and will unless I remember that it is God who accomplishes the work, that he can continue to do so without my help, and that he will be able to make out with other means whenever he wants to cut me out.
4. Driven people tend to have a limited regard for integrity.<ul style="list-style-type: none">† They can become so preoccupied with success and achievement that they have little time to stop and ask if their inner person is keeping pace with the outer process. Usually it is not, and there is an increasing gap, a breakdown in integrity. People like this often become progressively deceitful; and they not only deceive others, they deceive themselves. | <ol style="list-style-type: none">5. Driven people often possess limited or undeveloped people skills.
6. Driven people tend to be highly competitive.<ul style="list-style-type: none">† They see each effort as a win-or-lose game.
7. A driven person often possesses a volcanic force of anger.<ul style="list-style-type: none">† This anger can be triggered when people disagree, offer an alternative solution to a problem, or even hint at just a bit of criticism.
8. Driven people are usually abnormally busy.<ul style="list-style-type: none">† They are usually too busy for the pursuit of ordinary relationships in marriage, family, or friendship, or even to carry on a relationship with themselves-not to speak of one with God. Busyness for the driven person becomes a habit, a way of life and thought. They find it enjoyable to complain and gather pity, and they would probably not want it any different. But tell a driven person that, and you'll make him angry. <p style="margin-top: 20px;">In the Bible few men typify the driven man better than Saul, the first king of Israel. Saul possessed three unearned characteristics at the beginning of his public life that had the potential to become assets or serious liabilities. Which they would be was his choice. How Saul made those choices depended upon the daily order of his private world.</p> <p style="margin-top: 10px;">The three? First, wealth; second, an attractive appearance; and third, a physically large and well-developed body.</p> <p style="margin-top: 10px;">As Saul's story unfolds in the biblical text, we learn some other things about the man, things</p> |
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that could have either contributed to his success or become a part of his ultimate failure. We are told, for example, that he was good with words. When he was given a chance to speak before crowds, he was eloquent. The stage was set for a man to consolidate power and command recognition without ever having to develop any sense of a strong inner world first. And that was where the danger lay.

Let us be sure we understand that when we speak of driven people, we are not merely thinking of a highly competitive

businessperson or a professional athlete. We are considering something much more pervasive than “workaholism.” Any of us can look within and suddenly discover that drivenness is our way of life. We can be driven toward a superior Christian reputation, toward a desire for some dramatic spiritual experience, or toward a form of leadership that is really more a quest for domination of people than servanthood. A homemaker can be a driven person; so can a student. A driven person can be any of us.

HOPE FOR THE DRIVEN PERSON

Can the driven person be changed? Most certainly. It begins when such a person faces up to the fact that he is operating according to drives and not calls. That discovery is usually made in the blinding, searching light of an encounter with Christ. As the twelve disciples discovered, an audience with Jesus over a period of time exposes all the roots and expressions of drivenness.

To deal with drivenness, one must begin to ruthlessly appraise one’s own motives and values just as Peter was forced to do in his periodic confrontations with Jesus. The person seeking relief from drivenness will find it wise to listen to mentors and critics who speak Christ’s words to us today.

Paul was driven until Christ called him – a dramatic moment when, in complete submission, he asked Jesus Christ, “What shall I do, Lord?” A driven man was converted into a called one.

**If my private world is in order,
it will be because I see myself as Christ’s steward and
not as master of my purpose, my role, and my identity.**

Living as a Called Person

THE CALLED PERSON

It is this quality of certitude for which we seek when we compare driven people and called people. Driven people are confident they have that quality as they forge ahead. But often, at the moment when it is least expected, hostile events conspire, and there can be collapse. **Called people have strength from within**, perseverance, and power that are impervious to the blows from without.

Called men and women can come from the strangest places and carry the most unique qualifications. They may be the unnoticed, the unappreciated, and the unsophisticated. Look again at the men Christ picked: few if any of them would have been candidates for high positions in organized religion or big business. It is not that they were unusually awkward. It is just that they were among the ordinary. But Christ called them, and that made all the difference.

Rather than living according to drivenness, some are drawn toward the beckoning hand of the calling Father. Such calls are usually heard within an ordered, private world.

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AUGUST 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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God's objectives activated by love

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ATTITUDE

CALLING

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Godly objectives accomplished
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REFLECTION & PRAYERS

JOHN – A PICTURE OF A CALLED MAN

A man can receive nothing, unless it has been given him from heaven. You yourselves bear me witness, that I said, "I am not the Christ," but "I have been sent before Him." He who has the bride is the bridegroom; but the friend of the bridegroom, who stands and hears him, rejoices greatly at the bridegroom's voice. And so this joy of mine has been made full. He must increase, but I must decrease (John 3:27-30).

1. CALLED PEOPLE UNDERSTAND STEWARDSHIP

Notice John's concept of life by stewardship. That is to say that the interviewers built their questions on the assumption that the crowds once belonged to John, that he had earned them with his charisma. And if that were true, then John was losing something: his prophetic stardom.

But that was not John's perspective at all. He never owned anything, much less the crowds. John thought like a steward, and that is the quality of a called person. The task of a steward is simply to properly manage something for the owner until the owner comes to take it back. John knew that the crowd leaving him for Christ was never his in the first place. God had placed them under his care for a period of time and now had taken them back. With John, that was apparently just fine.

How different this is from the driven Saul, who assumed that he owned his throne in Israel and could do anything with it that he wished. When one owns something, it has to be held onto, it has to be protected. But John did not think of things that way. So when Christ came to command the crowd, John was only too glad to give them back.

John's view of stewardship presents us with an important contemporary principle. For his crowds may be our careers, our assets, our natural and spiritual gifts, or our health. Are these things owned, or merely managed in the name of the One who gave them? Driven people consider them owned; called people do not. When driven people lose those things, it is a major crisis. When called people lose them,

nothing has changed. The private world remains the same, perhaps even stronger.

2. CALLED PEOPLE KNOW EXACTLY WHO THEY ARE

A second quality of calledness is seen in John's awareness of his own identity. You will remember, he said to them, that I've told you often who I am not: namely, the Christ. Knowing who he was not was the beginning of knowing who he was.

By contrast, those whose private worlds are in disarray tend to get their identities confused. They can have an increasing inability to separate role from person. What they do is indistinguishable from what they are. That is why people who have wielded great power find it very difficult to give it up, and will often fight to the death to retain it. It is why retirement is difficult for many men and women. And it helps to explain why a mother may suffer depression when her last child has left the home.

Don't underestimate the significance of this principle. Today in our media-oriented world, many good and talented leaders face the constant temptation to begin believing the text of their own publicity releases. And if they do, a messianic fantasy gradually infects their personalities and leadership styles.

3. CALLED PEOPLE POSSESS AN UNWAVERING SENSE OF PURPOSE

The best man has fulfilled his purpose most admirably when he draws no attention to himself but focuses all attention upon the bride and groom.

And that is what John did. If Jesus Christ was the groom, to use John's metaphor, then the Baptizer was committed to being best man and nothing else. That was the purpose that flowed from his call, and he had no desire to aspire to anything beyond. Thus to see the crowd headed toward Christ was all the affirmation John needed; his purpose had been fulfilled. But only called people, like this man, can relax under such circumstances.

4. CALLED PEOPLE UNDERSTAND UNSWERVING COMMITMENT

Finally, John, as a called man, also understood the meaning of commitment. "He must increase, but I must decrease" (John 3:30, he said to those who had queried him about his attitude). No driven person could ever say what John said, because driven people have to keep gaining more and more attention, more and more power, more and more material assets. The seductions of the public life would have led to a competitive posture, but the original call to commitment from within spoke louder. What John had started out to accomplish – the introduction of Christ as the Lamb of God – had been accomplished. Having made the connection, John was satisfied and ready to withdraw.

It is these kinds of qualities – John's sense of stewardship, his awareness of his identity, his perspective about his role, and his unswerving commitment – that mark a called person. And they are the characteristics of a person who builds first in the interior or private world so that out of it will flow fountains of life

John reveals a kind of joy, which ought not to be confused with the modern-day version of happiness – a state of feelings dependent upon everything turning out all right.

Gordon MacDonald – Ordering Your Private World –

Oliver Nelson Books, Chapter 7, pp. 74-88

Memo to the Disorganized:

If my private world is in order, it is because I have begun to seal the “time leaks” and allocate my productive hours in the light of:

- † My Capabilities
- † My limits
- † My priorities.

MACDONALD’S LAWS OF UNSEIZED TIME

LAW #1:

⌚ UNSEIZED TIME FLOWS TOWARD MY WEAKNESSES

LAW #2:

⌚ UNSEIZED TIME COMES UNDER THE INFLUENCE OF DOMINANT PEOPLE IN MY WORLD

LAW #3:

⌚ UNSEIZED TIME SURRENDERS TO THE DEMANDS OF ALL EMERGENCIES

LAW #4:

⌚ UNSEIZED TIME GETS INVESTED IN THINGS THAT GAIN PUBLIC ACCLAMATION

Recapturing My Time

HOW TIME IS RECAPTURED

In gathering material for an upcoming conversation with a young pastor, I looked back on my own experience, trying to identify the principles that, when implemented, brought some order into my private world. And when I thought hard about the process that I had come through, I found that I was able to come up with three ways of successfully laying siege on time.

1. I MUST KNOW MY RHYTHMS OF MAXIMUM EFFECTIVENESS

I can now appreciate a part of a letter that William Booth, the founder of the Salvation Army, once

received from his wife when he was on an extensive trip. She wrote:

Your Tuesday’s notes arrived safe, and I was rejoiced to hear of the continued prosperity of the work, though sorry you were so worn out; I fear the effect of all this excitement and exertion upon your health, and though I would not hinder your usefulness, I would caution you against an unwise prodigality of your strength.

Remember a long life of steady, consistent, holy labour will produce twice as much fruit as one shortened and destroyed by spasmodic and extravagant exertions; be careful and sparing of your strength when and where exertion is unnecessary.

2. I MUST HAVE GOOD CRITERIA FOR CHOOSING HOW TO USE MY TIME

I love the words C.S. Lewis wrote in *Letters to an American Lady* about the importance of these choices:

Don’t be too easily convinced that God really wants you to do all sorts of work you needn’t do. Each must do his duty “in that state of life to which God has called him.”

Remember that a belief in the virtues of doing for doing’s sake is characteristically feminine, characteristically American, and characteristically modern: so that three veils may divide you from the correct view!

There can be intemperance in work just as in drink. What feels like zeal may be only fidgets or even the flattering of one’s self importance...By doing what “one’s station and its duties” does not demand, one can make oneself less fit for the duties it does demand and so commit some injustice. Just you give Mary a little chance as well as Martha.

3. I SEIZE TIME AND COMMAND IT WHEN I BUDGET IT FAR IN ADVANCE

A public man, though he is necessarily available at many times, must learn to hide. If he is always available, he is not worth enough when he is available... *We must use the time which we have because even at best there is never enough.*

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SEPTEMBER 2022

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God's objectives activated by love

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REFLECTION & PRAYERS

WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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Godly objectives accomplished
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REFLECTION & PRAYERS

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God's objectives activated by love

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REFLECTION & PRAYERS

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God's objectives activated by love

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REFLECTION & PRAYERS

Wooden Wisdom

It's no surprise where the legendary UCLA coach picked up his wholesome values

Father's Day might be just another holiday for some, but John Wooden, Vin Scully, Anita DeFrantz and Arte Moreno all were strongly influenced by their dads. Here, they recall the men who helped make them what they became.

No indoor plumbing. No electricity. No money to speak of.

No complaints.

That was a way of life for the late Joshua Wooden, a soft-spoken Indiana farmer who passed along his wholesome values to each of his four sons. The second-oldest Wooden boy became the greatest coach in the history of college basketball.

"My dad was a gentle man," said John Wooden, 95. "I never heard him use a word of profanity. I never heard him say an ill word about anybody else. He tried to teach us the farm, and he read Scriptures and poetry to us every night by coal lamp."

Decades after their deaths, Joshua and Roxie Wooden watch over their lone surviving son. Their yellowed photos, in a small silver frame, rest over the desk in the office of his Encino condominium. The simple shots have an "American Gothic" feel.

In 1924, when John Wooden finished eighth grade, his father gave him a card. On one side was an inspirational verse by Rev. Henry van Dyke. On the other was a seven-point creed that included "Make each day your masterpiece," which Wooden later used in coaching. To this day, he keeps a copy of that card in his pocket.

"While Dad only finished high school, his reading later gave the initiative to all four of his sons to get through college when there were no athletic scholarships and they had no financial help," Wooden said. "We all became teachers."

Maurice, the oldest, went to college in New Mexico before moving to Southern California and becoming principal at West Covina High. Daniel, five years younger than John, also went to college in New Mexico and stayed there as a high school teacher. The youngest, Billy, remained in Indiana and attended Purdue -- John's alma mater -- and raised seven children as a high school teacher.

The Woodens also had two daughters. Cordelia died at 3 of diphtheria. An unnamed daughter died at birth.

Each of the boys played sports in high school, and the two oldest played in college as well. John was an outstanding basketball and baseball player.

"Dad always used to say, 'There must be time for play,'" Wooden said,

"but only after the chores and studies were done."

On the farm, Joshua Wooden, whose friends called him Hugh, raised cows and hogs, and grew corn, alfalfa, tomatoes and watermelons. The farm, which Roxie inherited from her father, was near Centerton, Ind., about 25 miles south of Indianapolis.

John recalls his father as a horse whisperer of some renown, with an uncanny ability to put restless animals at ease.

"With fractious horses, he could just talk to them and pat them and they'd pull together," Wooden said. "Whereas some younger driver might be whipping them and they'd be stomping and foaming at the mouth, Dad would take over, stand between them, talk to them, and they'd be gentling down and pull right out."

"With dogs that would scare me, he'd just be petting them and they'd wag their tails. [President] Lincoln said there's nothing stronger than gentleness, and I think that sort of applied to my dad."

When John was a sophomore in high school, a stock deal gone bad and the death of dozens of hogs led to the family's losing the farm. His father took a job as an attendant at a hot springs in nearby Martinsville, Ind., where he spent the rest of his career.

Joshua Wooden died of leukemia at 69 in 1950, 14 years before John Wooden's UCLA basketball team won its first national championship.

"He was a tremendous influence on me, more so than anyone else," Wooden said of his father. "I didn't realize so many things at the time, nor did I realize how difficult it was for my mother at the time -- raising four sons without electricity or running water, with the laundry, the cooking, the canning, the sewing. Pretty rough."

Make Each Day Your Masterpiece

When I was teaching basketball, I urged my players to try their hardest to improve on that very day, to make that practice a masterpiece.

Too often we get distracted by what is outside our control.

- ✦ You can't do anything about yesterday.
- ✦ The door to the past has shut and the key is thrown away.
- ✦ You can do nothing about tomorrow. It is yet to come.
- ✦ However, tomorrow is in large part determined by what you do today.

So make today a masterpiece. You have control over that.

This rule is even more important in life than in basketball. You have to apply yourself each day to become a little better. By applying yourself to the task of the becoming a little better each and every day over a period of time, you will become a lot better. Only then will you be able to approach being the best you can be. It begins by trying to make each day count and knowing you can never make up for a lost day.

If a player appeared to be taking it easy in practice, I told him,

"Don't think you can make up for it by working twice as hard tomorrow. If you have it within your power to work twice as hard, why aren't you doing it NOW?"

If you seriously try to do your best to make each day a masterpiece, angels can do no better.

John Wooden – The Wizard of Westwood

At the end of a long hard day of farm work Mr. & Mrs. Joshua Wooden would settle down with their 4 boys. Mrs. Wooden would bake cookies while Mr. Wooden read from the Bible and then some poetry along with other life affirming writings. (Every Wooden boy graduated from College with English majors)

Defining Success by Coach John R. Wooden

1. Don't try to be better than someone else.
2. Always try to be the best you can be.

At God's footstool to confess,
A pour soul knelt down and bowed his head.

"I failed," he cried. The Master said,
"Thou didst thy best, that is success."

Success is a peace of mind that is the direct result of self-satisfaction in knowing that you did your best to become the best that you are capable of becoming.

- ✦ You are the only one who knows whether you have won.

The three main building blocks of "The Pyramid of Success" are:

1. **Industriousness** (Hard work & Planning) - There is no substitute for work. Worthwhile results come from hard work and careful planning.
2. **Enthusiasm** - It brushes off upon those with whom you come in contact. You must truly enjoy what you are doing.
3. **Competitive Greatness** - Be at your best when your best is needed. Enjoy a difficult challenge.

It's Only One Possession by Jeff Smith

It was only one possession,
Why must my coach scream,
My poor defense permitted the basket,
But what can one hoop mean?
As the pass comes my direction, and I fumble it into the stands, the coach's voice rings loud and clear, "Catch with your eyes and hands!"

C'mon, coach, it's a single possession. Our team will be okay.
It's just the first two minutes, my goodness, we've got all day.

At the 10-minute mark I remember, that the center is strong and stout.
A putback for two, quite simply due, to my failure to turn & block out.
But it was only one possession; I didn't commit a crime,
My team is ahead and I'm playing well, and there's still plenty of time!

As the halftime buzzer is sounding, And I watch the ball bank in,
I know that I will hear from my loving coach, of my questionable effort to defend.

But it was only one possession, Coach
Coach - don't have a heart attack!
We're down by one, but we're having fun,
I know we'll get the lead back!

The second half mirrors the first, But it's early, it's not a big deal.
That my failure to use a pass fake, Results in an unlikely steal.
But quickly I sink a jumper. I'm greeted by high fives and slaps,
But next possession I give up a layup, While suffering mental lapse.
But it's only one possession, C'mon, Coach, chill out.

It's crazy to see you disgusted, As you slap the assistant and shout.
"Victory favors the team making the fewest mistakes.
Single possessions are the key. So treat them like gold and do as you're told, And play with intensity."

I step to the line for one and one, But I have a concentration lapse.
The ball soars through the air - Good Lord, it's a brick!
I'm afraid the support will collapse.
In post game I sit at my locker,
Pondering what more I could do.
I realize the value of each possession,
What a shame that we lost by two.

"The goal in life is just the same as in basketball; make the effort to do the best you are capable of doing-in marriage, at your job, in the community, for your country. Make the effort to contribute in whatever way you can. You may do it materially or with time, ideas, or work. Making the effort to contribute is what counts. The effort is what counts in everything.

Coach Wooden

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OCTOBER 2022

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REFLECTION & PRAYERS

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God's objectives activated by love

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Godly objectives accomplished
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God's objectives activated by love

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God's objectives activated by love

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REFLECTION & PRAYERS

God 's Hour

*I've only just an hour,
Only sixty minutes in it.
Graced upon me, can't refuse it,
Didn't seek it, didn't choose it,
But it's up to me to use it.
I must suffer if I lose it,
Give an account if I abuse it,
Just a tiny little hour,
But eternity is in it.
Bruce R. Kuiper*

A crown that will last forever - Youth need to learn early in life how to:

1. Discover their natural gifts,
2. Develop them into skills through hard work and perseverance,
3. Deploy them wisely.

I run in the path of your commands, for you have set my heart free. (Psalm 119:32)

1 Corinthians 9:24-25

24 Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.

25 Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

1 Corinthians 9:24-25

24 Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get

the prize.

25 Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

1 Corinthians 9:26-27

26 Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air.

27 No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

Murphy's Laws

Everyone has heard of Murphy's first law: "If anything can go wrong, invariably it will." But hardly anybody has even a foggy idea of who Murphy was.

The search for Murphy's notebooks led to a garage in Toledo, Ohio; an inventor's junk loft in Aliquippa, Pennsylvania; and the home of a retired female blackmailer in Sarasota, Florida. It was learned that Murphy had no first name, that he never could hold a job, and that his writings were returned by the post office for insufficient postage.

It seems everything Murphy wrote about had some explanation for why things go wrong. Consider a few more Murphy classics:

1. **Nothing is ever as simple as it first seems.**
2. **Everything you decide to do costs more than first estimated.**
3. **Every activity takes more time than you have.**
4. **It's easier to make a commitment or to get involved in something that to get out of it.**
5. **Whatever you set out to do, something else must be done first.**
6. **If you improve or tinker with something long enough, eventually it will break.**
7. **By making something absolutely clear, somebody will be confused.**
8. **You can fool some of the people all of the time and all of the people some of the time, and that's sufficient.**

Anonymous

Quotes By Vince Lombardi

As Coach Vince Lombardi understood that belief follows behavior and behavior follows belief so he taught that "It is essential to understand that battles are primarily won in the hearts of men." He like all great leaders reminded his men "In great attempts, it is glorious even to fail." He then motivated them and drove them to do their best. And yes, he knew "They may not love you at the time, but they will later." Have the courage to not only dare but lead.

- ✧ Football is like life, it requires perseverance, self-denial, hard work sacrifice, dedication and respect for authority.
- ✧ The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will. The will to win isn't everything it's the only thing.
- ✧ The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor.

There's no telling how you'll do.
You might be a hero or you might be absolutely nothing.
There's just no telling. Too much depends on chance. On how the ball bounces.

I'm not talking about the game, my child.
I'm talking about life. But, it's just life that the game is all about. Just as I said.

Because every game is life. And life is a game. A serious game. Dead serious.

But, that's what you do with serious things.
You do your best. You take what comes.
You take what comes. And you run with it.

Winning is fun. Sure. But winning is not the point.

Wanting to win is the point.
Not giving up is the point.
Never being satisfied with what you've done is the point.
Never letting anyone down is the point.

Play to win. Sure.
But lose like a champion.
Because it's not winning that counts.
What counts is trying.

"Leaders are made, they are not born. They are made by hard effort, which is the price which all of us must pay to achieve any goal that is worthwhile."

"Failure is not getting knocked down, it's not getting up again." Vince Lombardi

In The Arena

"It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better.

The credit belongs to the man who is actually in the arena; whose face is marred by the dust & sweat & blood; who strives valiantly; who errs and comes short again and again; who knows the great enthusiasms, the great devotions and spends himself in a worthy course; who at the best, knows in the end the triumph of high achievement, and who, at worst, if he fails, at least fails while daring greatly; so that his place shall never be with those cold and timid souls who know neither victory or defeat."

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
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RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
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COACHES	COACHES	COACHES	COACHES	COACHES
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NOVEMBER 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

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God's objectives activated by love

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REFLECTION & PRAYERS

The Use of Time”

Adolphe Monod

Ecclesiastes 9:10 (NIV) reads, “Whatever your hand finds to do, do it with all your might . . .” Practicing this teaching will help us to use our time wisely. Every Christian is troubled by the use of his time and knows God gives us good work to do and the time in which to do it. How we use our time then is important so that we don’t spend it idly, in unbelief, procrastinating, selfishly, in indecision, and sinfully, to name a few. The following are ways to help us spend time wisely.



- ⌚ Remember that we do not belong to ourselves, but to God; therefore, our time belongs to God.
- ⌚ We must respond to the opportunities God gives us. One example is sickness, which oftentimes brings us closer to God, and gives us a better view of how to use time wisely.
- ⌚ We have to look to God for ways to fill the time He gives us.
- ⌚ We have to use our time to glorify God.
- ⌚ We need to always grab hold of the opportunities God gives us.
- ⌚ God will provide opportunity after opportunity so that we will always be obedient and be doing good works. This will bring us joy and peace through the Holy Spirit.
- ⌚ In order to grab every opportunity to do God’s will, we have to always have our eyes fixed on him.
- ⌚ We need to always be asking, “God, here I am; what do you want me to do?”
- ⌚ Jesus Christ is the prime example of someone who always filled His time doing God’s will.
- ⌚ Some other people who seized opportunities to fill their lives doing God’s will are: Calvin, Luther, & Bossuet.
- ⌚ People who do not accomplish much are people who do not know how to grab an opportunity and profit by it.
- ⌚ We need to be disciplined in the use of our time.

- ⌚ We need discipline and order (a set schedule) to best accomplish what God wants us to do.
- ⌚ People who have done God’s will the best have had set schedules and have exercised discipline.
- ⌚ Set aside a time each day to pray.
- ⌚ Get up at the same time each day and have a basic set schedule.
- ⌚ Leaving prayer and devotions until you find time in your day to do them is a careless way to live.
- ⌚ Proverbs 6:10-11 (NIV) states, “A little sleep, a little slumber, a little folding of the hands to rest - and poverty will come on you like a bandit and scarcity like an armed man.” In other words, discipline will help you avoid poverty of not only money, but of spirit, work, and the will of God.
- ⌚ We need to be healthy in order to best use the time God gives us.
- ⌚ Good emotional, spiritual, and physical health are needed to best use the time God gives us.
- ⌚ Bad health is often an obstacle when we try to do God’s work. It is our duty to take care of ourselves so we can live as long as possible, doing God’s work and using our time wisely. We especially need to have strong minds and souls so that we don’t obstruct the work God plans to do through us.



Our example to follow is Jesus Christ. So, whether we are healthy or sick, strong or weak, living or dying, we need to make good use of the time God has given us. Our goal is to hear the words, *“Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things.”*

(Elton Trueblood from his spiritual autobiography, *While It Is Yet Day*)

TIME MANAGEMENT

An area of great frustration for many people, especially as they try to do their best in their day-to-day lives, is the issue of having limited time. If you are like me, I somehow believe that if we had 30-hour days (or at least an extra five or 10 hours each week), my problems would be solved. Surely this extra time would relieve the tremendous pressure. Unfortunately, our lives leave a trail of unfinished tasks, unanswered letters, unvisited friends, unread books, and neglected family relations. But would a longer day solve our problem? Wouldn't we soon be as frustrated as we are now with our 24-hour allotment?

Each of us is given the same 24 hours a day. How we use our time depends on our priorities and goals. We make the hours count for what we think is important. I am an advocate of working smart, not just long. At the end of life you've never heard someone say, "I wish I had spent more time at the office." Therefore, the important commodity called time requires attention to details and a specific plan of action, or your time can quickly begin to slip away. It is crucial that you not become a workaholic or a loaf. Either label would be inappropriate for someone who claims to be a Christian.

In his book *Tyranny of the Urgent*, Charles Hummel tells us about how Jesus Christ managed and controlled His time while He was on earth. Though He was God, He was also human, and He experienced many of the same pressures and strains that a shortage of time brings. Yet at the end of His brief three years of ministry, John 17:4 says, "I have brought you glory on earth by completing the work you gave me to do." With so many unmet physical and spiritual needs around Him, He had peace because He knew that He had finished the work God had given Him.

The key to Christ's success was that He received His daily instructions in quiet moments with the Father. Consistently, you see that nothing came in the way of His intimate time with God. If Jesus needed this time with God, how much more do you and I need to seek it out? Jesus, though His ministry could have easily extended another 5-50 years, knew God in a way where He experienced tremendous peace. Hummel says, "The path to freedom is continuing day by day to meditate on the Scriptures and gain our Lord's perspective."

I strongly encourage you to read *Tyranny of the Urgent*. It will give you great insights on how to distinguish between the important and urgent needs that come up daily. Here are a few other points to consider in getting a handle of your time:

1. ***Learn to delegate.*** Find people who are skilled (or teach them) to perform the task. There are people who can perform them as well as you can. We tend to cling to the jobs we can do well. When we do give a task to another, we need to acknowledge, praise and thank them for the final product.
2. ***Control your time.*** Do not let strong-willed people dominate your schedule. You are in charge of your time. . . if you are not, someone will take advantage of it. Ephesians 5:15-17 says, "Be very careful, then, how you live-not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is."
3. ***Do not be governed by every emergency.*** Set your priorities and goals. Constantly evaluate to make sure you are on track. As Matthew 6:33 recommends, "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

4. ***Determine when certain tasks should be performed based on when you are at your best.*** Some tasks are better performed at certain times and under certain conditions. For instance, I'm better when I spend the early mornings doing my quiet time. I'm better at reading books in the summer when the job pressures ease off. We should all know our rhythms and be in touch with how to maximize our time under the appropriate conditions. Ecclesiastes 3:1-11 tells us there is a time for "everything under heaven."
5. ***Learn to say "no" to good things, so you can say "yes" to the best.*** Many worthy causes and events are available every day, but there is no way to do them all. Through prayer, establish criteria to help you make right decisions. Psalm 130:5 confesses, "I wait for the Lord, my soul waits, and in His work I put my hope."
6. ***Budget time far in advance (even months ahead).*** Put into your schedule all the non-negotiables such as work and family responsibilities. Then identify days of rest, personal time with immediate and extended family, date nights, play days. . . even your quiet time. After these are scheduled, then you can drop other items into your schedule. Psalm 31:14-15a stresses, "But I trust in you, O Lord; I say, 'You are my God.' My times are in your hands . . ."
7. ***Make a list of all unfinished projects, and attempt to do the most difficult one first.*** Making a list gives you perspective. Do not put off something that can be done now. Ideally, make it your goal to never pick up something twice. Another helpful hint is to make sure that everything you have has a home. If you can't find a place for something, perhaps it is something you shouldn't keep. Organize everything into four piles: To Do, To Pay, To File, and To Read. Then when the daily deluge of paper starts, you can find an appropriate place for everything. You'll always know where things are, and you can stop spending your valuable time looking all over the house for that bill you need to pay. Proverbs 14:23 says, "All hard work brings a profit, but mere talk leads only to poverty."
8. ***Use a daytimer or calendar that works for you.*** Carry it with you and maintain a simple, useable system. If you are married, review what is on your schedule on a regular basis with your spouse.
9. ***Do an accounting of your current daily routine through monitoring time by half-hour increments.*** How do you currently spend your time? Through this exercise you will find out what things are chewing up major blocks of time. Specifically, I encourage you to drastically cut down on your TV viewing. This one alone can steal valuable time. Count the hours you and your family spend watching the tube. No doubt you will find major amounts of time buried there.

GOD	RELATIONSHIPS	ATTITUDE	CALLING	ENERGIZERS
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RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS	RESOLUTIONS
ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING	ACCOUNTING
COACHES	COACHES	COACHES	COACHES	COACHES
ETERNITY	ETERNITY	ETERNITY	ETERNITY	ETERNITY

DECEMBER 2022

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WEEKLY G.R.A.C.E GOALS

God's objectives activated by love

GOD

RELATIONSHIP

ATTITUDE

CALLING

ENERGIZERS

Godly objectives accomplished
in love

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REFLECTION & PRAYERS

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God's objectives activated by love

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God's objectives activated by love

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REFLECTION & PRAYERS

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God's objectives activated by love

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Godly objectives accomplished
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REFLECTION & PRAYERS